

**OCTOBER SPECIAL**  
**Large Pepperoni Pizza**  
**\$4.99**  
 Available 4-8PM for Carryout at our Boyne City Location only.  
**BONUS** add bread sticks and sauce for only \$1.99!  
 Spicy Bob's ITALIAN EXPRESS  
 472 NORTH LAKE ST. • BOYNE CITY • (231) 582-9560

Charlevoix  
**County News** 75¢  
 October 20, 2011

**YOUR SOURCE FOR LOCAL NEWS & SPORTS**  
 BOYNE CITY, CHARLEVOIX, EAST JORDAN, ELLSWORTH AND SURROUNDING AREAS

**Subscribe** for friendly & positive news and sports covering all of Charlevoix County  
 Distributed to Boyne City, East Jordan, Charlevoix, Boyne Falls, Walloon Lake, Ellsworth and Atwood.  
**PUBLISHED WEEKLY ON THURSDAY**  
 CONTACT:  
 CALL: 989-732-8160 FAX: 888-854-7441  
 E-Mail: Office@CharlevoixCountyNews.com  
 www.CharlevoixCountyNews.com



**BOYNE CITY**  
 Nice affordable 3 bedroom home on a corner lot on the south side of Boyne City. Home has city water and sewer. **\$90,000**

**Lynda's Real Estate Service**  
 We are putting "Service" back into Real Estate  
 www.whylyndas.com  
 27 S. Lake St., Boyne City, MI  
 231-582-9555

**Coupon inside...**  
 for a **FREE** gallon of milk at Save-A-Lot in East Jordan.  
 pg. 12A

**GALWAY BAY GREEN GROCER**  
 CHARLEVOIX'S ONLY "CHOICE" FULL SERVICE Butcher Shop  
 Specials inside...Pg. 10A

**Winter Farmers Market a bright spot during long winter months**

**B. J. Conley**  
 BOYNE CITY — A winter farmers market will offer jams, sauces, homemade baked goods and seasonal fruits and vegetables. The market will stay open all winter and promises to be a bright spot during the long winter months as customers socialize with vendors while selecting apples,



It is estimated that the space will allow for 15 to 20 vendors to participate and approximately 15 vendors have committed to a spot at the market, Hugh Conklin said. Conklin is the director of Main Street that supports the winter market. A limited offering of crafts may be included, but the focus is on food.  
 "We want it to be a food market

with local foods, apples, cheese, meats, root house vegetables and baked goods," Conklin said.  
 The location of the market is in a building adjacent to the Boyne District Library that the library recently purchased for possible future expansion, but is not currently occupied.

See *Farmer's Market*, Page 10A

**Pop Warner Action**

**sports**



**PG. 1B**  
 PHOTO BY SCOTT RICHARDS  
 Charlevoix's Jamael Kelly (8) is hauled down by Elk Rapids Josh McColley after a big gain.



**PG. 2B**  
 PHOTO BY ADAM ESSELMAN  
 Charlevoix's Jenna Way sets the ball for a teammate during a recent Rayder contest.



**PG. 3B**  
 PHOTO BY CINDA SHUMAKER  
 Ethan Hewitt of Boyne City II pushes through for some extra yardage as the Elk Rapids I defender tries to bring him down. More great photos of recent Boyne City, Charlevoix and East Jordan Pop Warner action inside this week's sports - page 3B.

**Commissioner, prosecutor dismissed from lawsuit**

**B. J. Conley**

The Charlevoix County prosecutor and a county commissioner were dismissed on Monday from a lawsuit filed by the Petoskey News-Review.

Prosecutor John A. Jarema and commissioner Chris Christensen were named individually in the suit that alleges Freedom of Information Act violations. Also named as defendants are the Prosecutor's Office and the county Board of Commissioners. But Judge Charles W. Johnson of the 57th Circuit Court in Petoskey ruled at a hearing on Monday, Oct. 17, that there was no cause of action to name them individually.

"There is no viable cause of action against the individuals, so the [defendants'] motion for summary disposition is granted," Judge Johnson said.

Jarema and Christensen had filed a motion for summary disposition with the court soon after the lawsuit was filed naming them as defendants, along with the Charlevoix County Board of Commissioners and the Charlevoix County Prosecutor's Office.

The judge said that the Freedom of Information Act pertains to government and public bodies. Neither Christensen nor Jarema as individuals are a public body. The defendants' attorney, Gretchen Olsen, had also made a request for sanctions against the Petoskey News-Review. Because Jarema and Christensen should not have been named, Judge Johnson decided to take the request under advisement, in other words he did not rule from the bench but will consider it.

At the same hearing, Judge Johnson granted the newspaper's motion that the court order the production of the e-mails sought under FOIA for an in-camera review, that is, for the judge's review only.

At issue in the case are e-mails between Christensen and Jarema that were allegedly sent during meetings of the county commission on various dates.

See *Lawsuit*, Page 10A

**index**

Weather .....2A  
 Obituaries .....4A  
 News Briefs .....6-7A  
 Food & Dining .....9A  
 Health & Wellness .....11-12A  
 Local Sports .....1-3B  
 Classifieds/Real Estate .....4-6B



Standard Mail  
 US Postage  
 PAID  
 Boyne City, MI  
 Permit No. 33

**It's time for PIE!**  
 Open a checking account and GET A FREE PIE!  
 nwbank.com/FreePie

**Northwestern Bank**  
 Member FDIC

*I can do that!*

PO Box 205, Boyne City, MI 49712 • www.CharlevoixCountyNews.com • (989) 732-8160 • Office@CharlevoixCountyNews.com

Low Cost hosting for your web site  
**...AS LOW AS \$4.95/MO.**  
 locally owned ~ [www.MittenHosting.com](http://www.MittenHosting.com)

ECRWSS POSTAL CUSTOMER



# Local News

**CALL (989) 732-8160**  
**FAX (888) 854-7441**

**EMAIL: NEWS@CHARLEVOIXCOUNTYNEWS.COM**

<b>weather</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>	<b>SUNDAY</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<h3>record temps</h3> <table border="1"> <thead> <tr> <th>Day</th> <th>Avg.</th> <th>High</th> <th>Avg. Low</th> <th>Record High</th> <th>Record Low</th> </tr> </thead> <tbody> <tr> <td>20</td> <td>58°F</td> <td>37°F</td> <td>80°F (1953)</td> <td>25°F (1966)</td> </tr> <tr> <td>21</td> <td>58°F</td> <td>36°F</td> <td>81°F (1953)</td> <td>22°F (1959)</td> </tr> <tr> <td>22</td> <td>57°F</td> <td>36°F</td> <td>80°F (1953)</td> <td>18°F (2008)</td> </tr> <tr> <td>23</td> <td>57°F</td> <td>36°F</td> <td>76°F (1975)</td> <td>20°F (2008)</td> </tr> <tr> <td>24</td> <td>57°F</td> <td>36°F</td> <td>76°F (1975)</td> <td>24°F (1969)</td> </tr> <tr> <td>25</td> <td>56°F</td> <td>35°F</td> <td>77°F (1989)</td> <td>23°F (1952)</td> </tr> <tr> <td>26</td> <td>56°F</td> <td>35°F</td> <td>77°F (1989)</td> <td>20°F (1990)</td> </tr> </tbody> </table>	Day	Avg.	High	Avg. Low	Record High	Record Low	20	58°F	37°F	80°F (1953)	25°F (1966)	21	58°F	36°F	81°F (1953)	22°F (1959)	22	57°F	36°F	80°F (1953)	18°F (2008)	23	57°F	36°F	76°F (1975)	20°F (2008)	24	57°F	36°F	76°F (1975)	24°F (1969)	25	56°F	35°F	77°F (1989)	23°F (1952)	26	56°F	35°F	77°F (1989)	20°F (1990)
	Day	Avg.	High	Avg. Low	Record High	Record Low																																										
	20	58°F	37°F	80°F (1953)	25°F (1966)																																											
	21	58°F	36°F	81°F (1953)	22°F (1959)																																											
	22	57°F	36°F	80°F (1953)	18°F (2008)																																											
	23	57°F	36°F	76°F (1975)	20°F (2008)																																											
	24	57°F	36°F	76°F (1975)	24°F (1969)																																											
25	56°F	35°F	77°F (1989)	23°F (1952)																																												
26	56°F	35°F	77°F (1989)	20°F (1990)																																												
<b>HIGH: Upper 40's</b> <b>LOW: Upper 30's</b>	<b>HIGH: Low 50's</b> <b>LOW: Upper 30's</b>	<b>HIGH: Low 50's</b> <b>LOW: Upper 30's</b>	<b>HIGH: Mid 50's</b> <b>LOW: Low 40's</b>	<b>HIGH: Upper 50's</b> <b>LOW: Low 40's</b>	<b>HIGH: Mid 50's</b> <b>LOW: Low 40's</b>																																											

## COUNTY RECORDS

### ASSUMED NAMES:

The following businesses recently filed with the Charlevoix County Clerk's office for an assumed name for doing business:

Human Powered Adventures, 5500 S. Korhase Road, Boyne City by Robert E. South.  
Hippis-N-Ricco, 09190 Burgess Road, Charlevoix by Charles Witthoef.  
Akston Hughes International, 4661 Korhase Road, Boyne City by Mark Daniel Walsh.  
Feodor Protar Press, 33359 Western Shores, Beaver Island by Charles Donaldson.  
Sparkys Electric, 4849 Burt Ave., Grand Ledge, by Joshua Ranshaw.  
MCR Services, 7373 Rogers Road, East Jordan by Murray E. Johansen.  
T.R.C.'s Auto Service, 06034 Old U.S. 31 South, Charlevoix by Robert Struthers and Toma's J. Thompson.

**CIRCUIT COURT**  
The following cases recently received sentencing in the Charlevoix County Circuit Court:

Danny Dean Bullion, 55, Baldwin. Breaking and entering. Sentenced to 30 days in jail.  
Charles David Pratt Jr., 27, Holland. Controlled substance. Sentenced to a minimum of 23 months and a maximum of 48 months in prison.  
JohnHenry Robert Aimesbury, 23, Boyne Falls. Breaking and entering and larceny in a building. Sentenced to 365 days in jail.  
John David Stanfield, 52, East Jordan. Probation violation. Sentenced to 22 months minimum and 4 years maximum in prison.

### DISTRICT COURT

The following cases were recently decided in the 90th District Court for the County of Charlevoix:

Lewis Cameron Archer, 47, Boyne City. Open intoxicant in a motor vehicle. Sentenced to pay \$350 in fines and costs.  
Peter William Carleton, 19, Georgetown, TX. Minor in possession of alcohol. Sentenced to pay \$250 in fines and costs and to 30 hours of community service work.  
Zachary Jacob Stokes, 19, Boyne City. Minor in possession of alcohol. Sentenced to pay \$250 in fines and costs and to 30 hours of community service work.  
James Ryan Larsen, 23, Boyne City. Driving without a license on person. Sentenced to pay \$200 in fines and costs.  
Michael Andrew Zagaroli, 30, Grand Rapids. Driving while impaired. Sentenced to pay \$1,105 in fines and costs and to 41 days in jail with credit for one day, 30 days held in abeyance, 10 days of community service work and one year on probation.  
Elise Jane Fineout-Cook, 55, Boyne City. Driving while impaired. Sentenced to pay \$855 in fines and costs and to 36 days in jail with credit for one day, 30 days held in abeyance, five days of community service work and six months on probation.  
David Vincent Redmond, 51, East Jordan. Driving with presence of drugs. Sentenced to pay \$1,005 in fines and costs and to 93 days in jail with credit for one day, 77 days held in abeyance, 15 days of community service work and one year on probation.  
Darrin Robert Roby, 25, McBain. Attempted to flee and elude, 4th, and driving while intoxicated, 2nd. Sentenced to pay \$2,030 and to 365 days in jail with credit for one day, serve 15 days on work release, 289

days held in abeyance, 30 days of community service work and one year on probation.

### MARRIAGE LICENSES

The following people have recently filed for marriage licenses with the County of Charlevoix:

Jeremiah Lee Meadows, 29, Boyne City and Stephanie Lynne Roberts, 21, Boyne City.  
Logan Shea Baughn, 20, Charlevoix and Cheyenne Nicole Holm, 20, Charlevoix.  
Michael Raymond Cornell, 58, Boyne City and Britta Jane Cordav, 50, Boyne City.  
Jeremiah Robert Harman, 32, Jackson and Stacy Rena Sirmons, 28, East Jordan.

## CHARLEVOIX COUNTY SHERIFF'S DEPT.

**October 10-16**

911 Hang Up Call	5
Abandoned Vehicle	5
Alarm	12
Animal Complaint	8
Annoyance	1
Assist Motorist	1
Assist Other Agency	14
Attempt to Locate	2
Attempted Suicide	1
Breaking & Entering	1
Car/Deer Accident	14
Citations Issued	11
Civil Complaint	4
Disturbance	5
Driving Complaint	7
Fraud	3
Health & Safety	1
Juvenile	1
Larceny	2
Lockout	7
Mental Subject	1
Noise Complaint	3
Operating Under the Influence	0
Paper Service	19
Parking Violation	0
Personal Injury Accident	1
Private Property Accident	2
Property Check	14

Property Damage Accident .....5  
Road Hazard.....12  
Suspicious Situation.....8  
Threat.....3  
Traffic Stop .....42  
Unknown Accident.....1  
Violation of Controlled Substance Act ...1

## BOYNE CITY POLICE DEPT.

**Monday, October 10**

7:36am Assist ambulance in the 300 block of E Division St  
7:54am Report of B&E in the 500 block of Harris St  
8:42am Report of lost cell phone.  
10:10am Report of hit and run accident that occurred in the 1000 block of Boyne Av  
2:40pm Disabled vehicle in the 400 block of N Lake St  
3:27pm Unlock vehicle in Harborage Park.  
3:59pm Car deer accident on Hull St  
5:26pm Civil dispute reported in the 400 block of Trent St.  
6:30pm Report of subject not using child seat to transport 2 year old. Unfounded

**Tuesday, October 11**

1:00am Assist Sheriff Department on E Deer Lake Rd  
1:50am Car Deer accident on State St  
2:38am Car dog accident on w Michigan at St John's St  
1:28pm Suspicious activity reported on Harris St the night before  
5:19pm subject calling with child custody questions  
10:52pm Arrested subject for no insurance and no registration

**Wednesday, October 12**

4:05am 911 hang up call from the 1300 block of Charlevoix

St. All OK.  
5:08am report of suspicious subject in the area of Water and Front Streets  
7:55am Unlocked vehicle at Lexamar  
10:57am B&E reported in the 300 block of E Division St  
1:17pm Unlocked vehicle in the 600 block of S Park St  
3:34pm subject reporting unwanted texts message from subject out of state  
3:53pm Report of suspicious activity near East and Water Streets over the weekend  
3:53pm Report of attempted fraud from the 500 block of S Park St  
4:30pm Assist to Petoskey Department of Public Safety in locating runaway  
5:01pm Larceny of medications from the 800 block of S Park St.  
5:31pm Vehicle unlocked in the 300 block of Groveland St  
7:58pm Assisted Sheriff Department with arrest in Boyne Falls.  
8:44pm Report of stolen digital camera from the 6-00 block of Call St  
9:51pm Report of gunshots in the 900 block of Robinson St.

**Thursday, October 13**

8:25am Report of ducks being run over in the trailer park.  
10:55am Report of subject burning leaves in the area of State and East Streets  
1:20pm checked addresses for runaway from Petoskey.  
2:45pm Report of medications stolen from the 100 block of W Division St

**Friday, October 14**

5:39am Assist Sheriff Department with rollover accident on Mountain Pass Rd  
8:16am Report of tree limb

hanging into road on Groveland St  
8:52am Report of alarm and smoke coming from the old Carter's building. Was equipment from running in the Industrial Park  
9:50am Assist Petoskey DPS with interviews regarding their runaway, who was eventually located.  
1:20pm Report of wire fraud complaint in the 300 block of E Division St.  
2:42pm Report of civil complaint in the 800 block of S Park St  
2:49pm Handicap placard stolen from car while parked in the 400 block of N Lake St  
6:13pm citation issued for speed

**Saturday, October 15**

5:33am Assist Sheriff Department with alarm and open door on M-75 S  
11:20am Removed tree blocking Bailey St  
4:10pm Report of boats on rocks across from Lake Street Plaza. Owners notified  
6:40pm citation issued for expired registration and no proof of insurance.  
8:15pm Citation issued for speed.

**Sunday, October 16**

12:26am Report of subject looking in windows in the 300 block of E Division St. Unfounded.  
2:57am Report of disturbance in the 1400 block of Pleasant Av  
10:00am Report of a sink hole at Avalanche  
10:50am Flagged down by subject on Call St with civil questions

## Chicago to Mackinac Sailboat Race Capsizing Investigation Completed

Charlevoix County Sheriff Don Schneider has completed an 11 week investigation into the capsizing of the sailing vessel WingNuts, which was competing in the Chicago to Mackinac sailboat race.

This investigation was predicated upon the capsizing of the sailing vessel, WingNuts, resulting in the death of Peter B. Morley, age 51, and Susan M. Makowski-Bickel, age 40, on July 18, 2011 shortly after midnight. The crew of the WingNuts was engaged in the Chicago to Mackinac sailboat race. The Medical Examiner ruled that both victims died first of blunt force trauma to the head with a secondary cause by drowning.

The capsizing was the result of a severe storm front moving across Lake Michigan with wind speeds approaching hurricane force. The storm was well radio broadcasted by the National Weather Service. The crew of the WingNuts was aware of the approaching storm. Armed with that knowledge, the crew lowered the main sail and relied on the #3 head sail to maintain steerage. The crew continued to prepare for the storm by dressing in foul weather gear, PFDs, and attaching their tethers to the boat.

At the peak of the storm, the vessel rolled ninety degrees. The crew was not concerned at that point due to prior history of the vessel always returning to normal trim. However, the vessel continued to roll and capsized.

It is at that point when tragedy struck. It is reported by several crewmembers of struggling to free themselves of the vessel due to their tethers. The tethers became entangled in the rigging causing them to be held down under the water line as the vessel tossed and rolled by the wave action. The tethers had to be released or cut

by a fellow crew member to free them of the vessel. This problem was exacerbated by the pitch darkness of the night.

Based upon victim and witness statements, it would be noted by Sheriff Schneider that this tragedy could very easily have taken a higher toll of lives.

It should be clear that a number of things went wrong as well as a number of things went right. Further, this investigation will generate more questions then answers. Those answers should come from competent experts in the field of personal flotation devices (PFD) and tethers. The question was raised in regards to the vessel design and did this design contribute to the vessel capsizing? Again, that question would be best answered by experienced naval engineers with a specialty in sailing vessels.

Under the column of what went right, the crew had prepared themselves for the storm as described above. This was followed by a team effort, after capsizing, to ensure each of the other crewmen were aided in freeing themselves from the vessel. With the exception of one crewmember, all of the crewmembers had dawned their PFD.

The exception was one crewmember who had gone below deck to rest. Given the circumstance that he was below deck at the time of the capsizing, placed him in more serious peril. By not being encumbered by his PFD, and focusing on the vessel instrument lights, it allowed him to find his way out from under the hull. Had he worn and inflated his PFD, there is a strong indication that he could have been trapped inside with fatal results.

Five of the six survivors were able to climb on top of the hull to await rescue. The sixth survivor was too exhausted to pull himself up on the hull so he held on to the rudder. The crewmembers using their emergency strobe lights and whistles were able to draw the attention of the sailing vessel, Sociable. The Sociable, using a life sling, was able to retrieve the six survivors from the WingNuts and later trans-

ported them to shore for medical evaluation. The crew of the Sociable is commended for their valiant efforts in rescuing the survivors of the WingNuts.

Looking at what went wrong, we only need to look at two main areas of concern. First, no one would argue that the PFD is an excellent safety device under the majority of circumstances. It should also be pointed out there are many types of PFDs. Each type of PFD has unique purposes and the correct one to use is dependent upon the person and the situation.

To make this point, look at a self inflating or type 1 PFD. If given the scenario of being trapped under an overturned boat, the ability to escape is of serious concern. The opposite would happen if someone was injured or incapacitated and fell overboard, where the self inflating or type 1 PFD would be of significant advantage. There is no correct answer for this situation. Armed with the knowledge of the PFD being used, the recommendation would be practice the ability to deflate the vest, if found to be trapped.

Second, the issue of the tethers brings about additional concerns. Again, there is no correct answer. In review of the survivors' statements, it is of concern when the tether becomes entangled in rigging or any other equipment. Another concern is the ability to be able to unhook the tether from the harness or PFD once the PFD is inflated. To be clear, the tether is an excellent piece of equipment. The user needs to know the dangers that may cause their concern under certain conditions. Those concerns could be easily erased by a simple knife, conveniently secured to one's self, for rapid deployment.

As reflected above, the concerns of the Sheriff generate more questions then answers. The intent of this report is to challenge the boating public to review, investigate, and educate the public as well as ultimately provide changes to continue working towards a safer environment for our boating enthusiast.

*Charlevoix*  
**County News**

**VOLUME 3, ISSUE 17**

The Charlevoix County News is published weekly on Thursdays.  
Subscription rate for local addresses is \$35.00 per year.  
Published by Michigan Media, Inc.,  
PO Box 1914, Gaylord, Michigan 49734.  
Periodicals postage permit number 7 pending at Gaylord, MI.

POSTMASTER: Send address changes to Charlevoix County News, 101 WATER STREET, BOYNE CITY, MI 49712  
PO BOX 205, BOYNE CITY, MI 49712

**Distributed to Boyne City, East Jordan, Charlevoix, Boyne Falls, Walloon Lake, Ellsworth and Atwood.**  
Available on News Stands: 75 cents a copy.

Subscriptions:  
Local Home Delivery of the News: \$35.00/year.  
Out-of-County Delivery of the News: \$55.00/year.  
Local Home Delivery Plus On-Line Subscription: \$45.00/year.  
Out-of-County Delivery Plus On-Line Subscription: \$65.00/year.  
*Deadline Monday Noon.*

Place Classified Ads on-line at  
**www.CharlevoixCountyNews.com**  
20 cents/word, \$2 minimum.

Publisher <b>DAVE BARAGREY 1</b> Office@CharlevoixCountyNews.com	Reporter/News Editor <b>B.J. CONLEY</b> reporterbjh@gmail.com
General Manager <b>DAVE BARAGREY 2</b> Dave2@CharlevoixCountyNews.com	News Reporter <b>TINA SUNDELIUS</b> Erin@WeeklyChoice.com
Editor <b>JIM AKANS</b> News@CharlevoixCountyNews.com	Advertising Sales <b>ROB SMITH</b> Rob@CharlevoixCountyNews.com 989-370-2710
Sports Editor <b>MIKE DUNN</b> Sports@CharlevoixCountyNews.com	<b>CHARLES JARMAN</b> Charles@WeeklyChoice.com
Sports <b>CHRIS FIEL</b> CoachF23@yahoo.com	<b>JOAN SWAN</b> Swan@WeeklyChoice.com 989-732-2271
<b>JEFF BARAGREY</b> Jeff@WeeklyChoice.com	Photography <b>VIC RUGGLES</b> <b>ADAM ESSELMAN</b> Adam@CharlevoixCountyNews.com
On-Line Manager <b>CHAD BARAGREY</b> webmaster@CharlevoixCountyNews.com	

*E-Mail News Releases and Announcements to*  
*Office@CharlevoixCountyNews.com*

**MICHIGAN MEDIA INC.**  
PO Box 205, Boyne City, MI 49712  
Phone 989-732-8160 Fax:888-854-7441

Notice to Readers: Typically, most advertising is honest and clear about special offers, however, please be sure to read the contents thoroughly to avoid misrepresentation. Michigan Media does not warrant the accuracy or reliability of content and does not accept any liability for injuries or damages caused to the reader or advertiser that may result from content contained in this publication. Errors in advertising should be reported immediately. Damage from errors will not exceed the cost of the advertisement for one issue. Michigan Media, Inc. reserves the right to publish or refuse ads at their discretion.



# News

Online at [www.charlevoixcountynews.com](http://www.charlevoixcountynews.com)

## Boyne Arts Collective elects new Board Members and officers

The Boyne Arts Collective (BAC) has elected new board members, officers, and honored Volunteers of the Year. New board members include Boyne City residents Su Bishop, Elaine Case, Dan Farrow, Dorothy Talberg, and Mary Whitlock. Con-

tinuing on the Board of Directors for BAC are Ward Collins, Betty Farrier, Cindy Grice, Judy Shoitelis, Chris Brown, and Jackie Wollenberg also Boyne City Residents.

BAC Officers for 2011 - 2012 are President Ward Collins, Vice

President Jackie Wollenberg, and Secretary Dan Farrow with Cindy Grice continuing as Treasurer.

Suzie and Chuck Johnson of Boyne City are the honored Volunteers of the Year chosen by the new board. These two have

single handedly provided the complete set up for each of the BAC Stage Concerts for the two years since the concerts began. This has been a great assistance to the BAC and to Michael Lee Seiler the Entertainment Director of Boyne Arts Collective.

## Crooked Tree Arts Center kicks off Swirl in November

The 2011-12 Swirl season at the Crooked Tree Arts Center begins on Thursday, November 3 featuring a sampling of creative appetizers and fine wines from Toski Sands Market and Wine Shop. Local musician Pete Kehoe will perform piano and vocals in the galleries.

Swirl is a monthly wine tasting with music and the most recent art exhibit on display. "We are continuing our tradition of partnering with local wine purveyors and restaurants" noted Kurt Wietzke, Crooked Tree Arts Center Board President. "We also like to book different performers for each Swirl" continued Wietzke. Two exhibits will be open including the Annual Juried Fine Arts and Let Them Eat Cake at the November Swirl.

Keith and Sue McGlaughlin, proprietors of Toski Sands are kicking off the Swirl season with a theme of wines for holiday meals. "Bring us your menu ideas and we'd be happy to offer some wine choices for you to share with your guests during your holiday entertaining" said Keith McGlaughlin. The selection of wines and appetizers that will be served at the November Swirl will be online at [www.crookedtree.org](http://www.crookedtree.org) on October 24.

Doors open at 5:30 pm with food and music running until 7pm. Tickets are \$10 in advance and \$15 per person the day of Swirl, when available.

For more information and to purchase tickets, contact the Crooked Tree Arts Center, 231-347-4337 or visit [www.crookedtree.org](http://www.crookedtree.org). The Crooked Tree Arts Center is located at 461 E. Mitchell Street, downtown Petoskey.

## 2011 Athena Award Nominations available

On Tuesday December 6, 2011 at the Annual Petoskey Regional Chamber of Commerce's Breakfast of Champions, Dave Kring Chevrolet-Cadillac will be proud to present the prestigious ATHENA Award this it's twentieth year to an individual with in our community.

This award is presented to a woman who has demonstrated excellence in their business or profession, devoted time and energy to their community in a meaningful way, and generously assisted women in attaining their full potential.

Dave Kring is pleased and proud to commend this exceptional individual.

We urge you to contact the Petoskey Chamber of Commerce for an Athena Nomination form at (231) 347-4150. Nominations will close at the 5:00pm of November 15th.

## Beaver Island: Evolving Economics of Survival presentation

Boyne District Library • October 24th

Join the Charlevoix County History Preservation Society on Monday, October 24th, at 7:00 PM in the Boyne District Library Community Room for a historic and evolutionary sketch of one the Great Lakes' island's nature-based means of survival. Featuring clips from first-person video interviews conducted for the Beaver Island Historical Society (BIHS), this presentation, "Beaver Island: Evolving Economics of Survival," will offer moving personal accounts of both the pride and rigors of fishing and logging for a living. Expect to hear some inspiring stories and gain personal insights into some of Beaver Island's historic nature-based means of sustenance.

Presenter Seamus Norgaard, a history and environment professor and interviewer for the Beaver Island Historical Society, will offer an environmental perspective of how Beaver Island is transitioning from a past dependence on resource extraction, toward a future based on the technologies of information, research, history, and environmental appreciation.

This event is free & open to the public. For more information, visit [www.cchps.info](http://www.cchps.info) or call 231-582-5326.

# "The Magic of the Mask"

Exhibit open now through November 7th at Jordan River Art Center

Many people associate masks with Halloween. However, man has used the mask for over 30,000 years in all cultures for many different reasons. They are the most ancient means of changing identity and assuring a new persona. Masks are used to entertain, distract, provoke, inspire fear, instruct audiences, transform, project, hide, and sometimes to break rules.

"The Magic of the Mask" exhibit, open now through November 7th at the Jordan River Art Center, will help to expose the concept of the mask. The ideas of who, when, and why of the mask will be explored throughout the exhibit. The exhibit is divided into four different groups.

First, area schools were invited to participate and JRAC provided each with a DVD and study sheet, and other supplies were given as needed. Second, local artists were invited to participate by making a mask in their own media. Third, cultural masks from the past were loaned by persons or businesses. Fourth, protective masks as used today were collected.

Over 300 masks made by students are part of the exhibit. Schools participating are Alba - 10th grade; Antrim Concord Montessori, Bellaire High and Middle school; Boyne City, 4th and 5th Grades, Central Lake, High school; East Jordan, High school; Ebenezer Christian, K through

A Northern American mask from Alaska, on wood, loaned to "The Magic of the Mask" exhibit, which runs now through November 7th at the Jordan River Art Center. COURTESY PHOTO



8; Ellsworth school; and Mancelona, High



Pat Tinney and her students showing "Boulder Masks" from her first year art students, COURTESY PHOTO

school.

Artists participating are: Christ Miner, Doug DeLind, Cynthia Tschudy, Julie and Joel Stoppel, Glen and Cindy McCune, Steve Toornman, Meredith Krell, John Stevens, Jackie Trimble, Sylvia Walworth, Peggy Midener, Millie Janka, Char Smith, Pat and Andy Poineau, Babs Young, and Melissa Zelanek.

Masks on loan are from East Jordan EMS and Fire Department, Raven Hill Discovery Center, East Jordan Iron Works, North West Scuba Dive Shop, Red Messa Grill, Maple

Ridge Dentistry, Bonnie Burnett. Carol McCarus, Jane Diller, Peggy Midener, Brian Froud, John Stevens, Jeannie Buick, Nancy Carey, and Sylvia Walworth.

The exhibit runs through Nov. 7th; open daily from 1—4 pm at the Jordan River Art Center at 301 Main St., East Jordan. Guided tours are available to school groups. For more information or to schedule tours contact curators, Jane Diller, 231-582-6399; or Cynthia Tschudy, 231-544-6167.

## Charlevoix Chamber Car Raffle Winners Announced

On September 29, the Charlevoix Area Chamber of Commerce held their annual car raffle at the Charlevoix Golf and Country Club. The winner of the car raffle was given the choice of either a 2012 Black V6 Ford Mustang Convertible from Fox Motors Charlevoix or (new this year) a \$25,000 Cash Prize. After much deliberation, the 2011 winner, Darlene Dawood, chose to

take the cash. Second place received \$500 and third and fourth place winners received \$250. This year's winners are as follows:

- 1st Place.....Darleen Dawood (Sand Lake, MI) Ticket #521 - \$25,000 CASH
- 2nd Place .....Heidi Apol (Rochester, MI) Ticket #812 - \$500
- 3rd Place .....Joe Sypniewski (Petoskey, MI)..... Ticket #132 - \$250

• 4th Place .....Harry Suekert (McDonald, TN)..... Ticket #936 - \$250

Congratulations to those that won and thank you again to everyone who showed their support in the annual car raffle fundraiser by purchasing tickets and joining us at the raffle celebration. We hope that you will join us again next year in all the fun!

**SALE 199**  
3-Oz. Mouse Prufe II  
Kills resistant mice in one feeding. L 287 250 B12

**SALE 3/\$9.99**  
40-Lb. Water Softener Salt  
Keeps softener clean and maintenance free. F 622 803 B63

**799** **SAVE 50%**  
Reg. 15.99  
60-Gal. Pop-Up Container  
Yard and lawn refuse container for grass clippings, leaves or general waste. L 120 805 B6

**SAVE 28%**  
**999**  
Reg. 13.99  
5,000-Sq.-Ft. Premium Winterizer Lawn Fertilizer 24-0-12, phosphorus free. L 128 395 120

**SPECIAL PURCHASE 14.97**  
Leaf/Shrub Rake Combo Pack  
Includes 26" leaf rake and 8" shrub rake. L 138 899 B24

**True Value** **Just Ask RENTAL** Buy what you want. Rent what you need.  
201 Mill Street, East Jordan • 536-3121 [www.truevalue.com/eastjordan](http://www.truevalue.com/eastjordan)

PHOTO BY ALICIA GOODRICH - 231-676-3309

Stop in at Chello's Salon and get the **Royal Treatment** Pedicure, Manicure and Amazing, Unforgettable Color and Haircut.  
*Don't forget to bring a girlfriend and lunch!*

**1/2 OFF** on a **1/2 HOUR** massage  
*Appointments are with Sandy... the best Massage Therapist in town!!*

**CHELLO'S SALON AND DAY SPA** EAST JORDAN 231-536-7764

**Chello's Salon & Day Spa**  
126 MAIN STREET • EAST JORDAN • 231-536-7764  
MON 9-5pm, T-TH 9-7pm, FRI 9-5pm, SAT 9-4pm • WALK-INS WELCOME  
AVAILABLE FOR WEDDINGS ON SUNDAYS! *Check out our FACEBOOK page Chello's Salon and Day Spa, LLC.*



# News

Online at [www.charlevoixcountynews.com](http://www.charlevoixcountynews.com)

## Charlevoix Farmers Market to Continue Throughout Winter

With the end of summer and the closing of fall, the Charlevoix Area Chamber of Commerce is excited to announce that you can keep enjoying your favorite fresh, local foods throughout the winter months.

The Charlevoix Farmers Market will be held indoors at the Charlevoix Public Library the first Thursday of every month from 10:00 to 2:00, November through May. In addition to the regularly scheduled markets, there will also be two holiday markets, one right before Thanksgiving on November 21st, and one on December 22nd, just before Christmas.

Over 20 Northern Michigan farmers and vendors will be present to supply you with fresh meat, cheese, bread, baked goods, dried and frozen fruit, holiday items including wreaths, garland and pumpkins, honey, maple syrup, beef jerky, frozen produce, canned items, fresh apples, squash, greenhouse tomatoes and a variety of fresh greens.

Various special events are planned throughout the winter months, including food tastings and demonstrations, health screenings, and family activities it will be one day a month your entire family won't want to miss!

For more information about the Winter Farmers Market please contact Bethany Pearson at the Charlevoix Area Chamber of Commerce by calling 231.547.2101 or e-mailing manager@charlevoix.org.

## MAPT promotes greater safety awareness during National School Bus Safety Week

The Michigan Association for Pupil Transportation (MAPT) is using National School Bus Safety Week to remind parents, students, teachers, motorists, bus drivers, and school administrators to join forces and address the importance of school bus safety.

"School buses make up the largest fleet in the country and are still the safest form of transportation to and from school," said MAPT Executive Director Gary T. Bubar. "Even with a good safety record, we need to continue to promote school bus safety messages and involve the students as well."

National School Bus Safety Week is celebrated in more than 40 States. It was created to remind all students about the best ways to get on and off the bus and enhance the safety of the Nation's children.

"We encourage students to stay alert for other vehicles as they get on and off the bus each day," said Bubar.

October 17-21, 2011, is National School Bus Safety Week - a time to remember that student safety is a top priority. This year's theme is: "Be Aware - Know the Danger Zone!" - a slogan derived from a 2010 poster contest designed to encourage participation by students.

The MAPT, founded in 1965, is a non-profit corporation uniting dedicated pupil transportation professionals with the common purpose of encouraging and promoting safe and efficient transportation for all Michigan students.

# \$37,306 in People Fund grants awarded to local organizations

Great Lakes Energy members continue to lend a hand to local community causes through their voluntary contributions to the People Fund. The People Fund Board of Directors awarded a total of \$37,306 in grants in October to the following non-profit organizations in northern Michigan:

**Northern Michigan Cancer Crusaders, Petoskey: \$2,000 for gas cards, wigs and Ensure for cancer patients.**

**Harbor Hall, Petoskey: \$2,206.98 for new bedding.**

**Cheboygan Compassionate Ministries, Cheboygan: \$2,000 for ten tables and forty chairs.**

**Friendship Centers of Emmet County, Petoskey: \$2,000 towards the purchase of a Meals on Wheels vehicle.**

**Third Day Fellowship & Outreach, Charlevoix: \$2,000 for food pantry stock.**

**Northern Michigan Regional Health System Foundation, Petoskey: \$2,500 for the Pediatric Patient Assistance Fund.**

**The City of Boyne City, Boyne City: \$1,000 towards a River walk, contingent on the City raising the rest of the funding needed.**

**Kalkaska County Commission on Aging,**

**Kalkaska: \$4,000 for winter heating bill assistance for seniors.**

**Boyne City Food Pantry, Boyne City: \$3,000 for a compressor for a walk-in cooler, contingent on the group raising the rest of the funds.**

**Boyne Area Seniors, Boyne City: \$2,500 towards materials and new computer class offerings for seniors.**

**The Manna Food Project, Harbor Springs: \$3,000 for the Food 4 Kids Backpack program in Antrim, Emmet and Charlevoix counties.**

**The Manna Food Project, Harbor Springs: \$4,000 towards a Food Rescue vehicle, contingent on the group raising the rest of the funds.**

**Otsego Memorial Hospital Foundation, Gaylord: \$2,000 for the Diabetes Self-Management Program.**

**Crawford County Library System, Grayling: \$1,800 for two computers for children's programs.**

**Voices Without Borders, Petoskey: \$1,800 for sheet music for the choir.**

**Raven Hill Discovery Center, East Jordan: \$1,500 for international flags for the**

### High Flying Flags program.

The People Fund is supported solely by Great Lakes Energy members who allow their electric cooperative to round up their bill each month to the next dollar. Since 1999, more than \$2 million in grants have been awarded to charitable and community organizations throughout Great Lakes Energy's 26-county service area, which stretches from Kalamazoo to the Mackinac Straits.

"The Great Lakes Energy People Fund is funded by our members who pay just a few cents more each month," says President/CEO Steve Boeckman. "The average monthly contribution is just 50 cents per month. We encourage more members to round up their bills so we can continue to meet the needs of our communities."

Great Lakes Energy electric members interested in participating can enroll by contacting Great Lakes Energy by phone or online at [www.gtlakes.com](http://www.gtlakes.com).

Non-profit organizations can apply for a grant through the People Fund by downloading the application at [www.gtlakes.com](http://www.gtlakes.com) or by calling Great Lakes Energy at 888-485-2537, ext. 1313. The next grant application deadline is Feb. 1, 2012.

## OBITUARIES

### Honorine B. Shepley, 98

Honorine B. Shepley of East Jordan died Monday, Oct. 17, 2011, at her son's home in Pinckney. Arrangements are pending at the Penzien Funeral Homes, Inc. in East Jordan.

### Ruth H. Young

(DEC. 19, 1929 - OCT. 17, 2011)

Ruth H. Young, 81, died on Monday, Oct. 17, 2011, at Grandvue Medical Care Facility in East Jordan, Mich.

She was born on Dec. 19, 1929, in Alba, Mich., the daughter of Oscar and Myrtle (Hedgers) Bowen. She graduated from East Jordan High School in 1949. On Sept. 22, 1949, she married Herschel "Hersh" C. Young in Mount Morris, Mich. He died on Aug. 15, 1997. She enjoyed sewing, painting, and gardening. Ruth was instrumental in the development of the fencing and the planting of trees at Star Township Cemetery in Alba.

She is survived by her son, Michael (Sherrie) Young of Grand Rapids; daughter, Peggy (Ron) VanSteele of Grand Rapids; granddaughters, Rachael (Fred) Boyer and Michelle (Tom) Uminn, both of Grand Rapids; 10 great-grandchildren; brother, Arthur "Vern" (Betty) Bowen of Central Lake; and sisters, Beatrice Putnam of North Fort Myers, Fla., and Lavina (Russell) Tober of East Jordan. She was preceded in death by brothers, James Bowen and Oscar Stably; and a sister, Evelyn Putman.

The family will receive friends from noon until 1:30 p.m. on Wednesday, Oct. 19, at the Penzien Funeral Homes, East Jordan. A private interment will be at Star Township Cemetery, Alba. Memorial

contributions may be given to the American Cancer Society.

### Charles Edward Saxton



Charles Edward Saxton peacefully went to be with the Lord on Thursday, October 13, 2011.

He was born in East Jordan to Harry and Mary Saxton, valedictorian of his class, served in WWII in Germany, attended Alma College, majoring in education, lettered in baseball, basketball, and football, pitching for semi-pro teams in Minnesota and Canada. In 1977, he was inducted into the Alma College Hall of Fame along with Jim Northrup. After graduation, he taught health and gym for 27 years at Garden City, Warren Fitzgerald and Warren Lincoln, coached football and refereed basketball for many years. He enjoyed retirement, spending his time between his cottage that he built on Lake Charlevoix, wintered in McAllen, Texas and Orange Beach, Alabama. He enjoyed hunting, fishing, furniture refinishing and following the Detroit Tigers.

Charles was a hardworking, honest man who loved life, valued friendships and touched many who are mourning his loss.

The family wishes to thank DaVita Dialysis Centers in Petoskey and Gulf Shores for taking care of him for 4 years.

Survived by his loving wife of 60 years, Nellie (Wilson) Saxton, his brother, Bob (Betty) of Laingsburg, his children, Charnell (Lynn Downing) of Fowlerville, Jane (Dan Hoch) of West Milford, New Jersey, Charles of East Jordan, Scott (Michele) of Farmington and Jill of Brighton, 11 grandchildren, 9 great-grandchildren, one brother-in-law, Leland Wilson, and three sisters-in-law, Shirley Saxton, Elaine Saxton, and Gladys Dood. Preceded in death by his parents, his brothers, Gayle, Richard, William, and sister, Virginia Goodman.

Funeral service at St. Joseph Catholic Church, East Jordan, on Saturday, October 22, 2011, at 10:00 a.m.

Visitation at the Penzien Funeral Homes, Inc., East Jordan, Friday 2:00-5:00 and 6:00-9:00 p.m. with a wake service at 7:00 p.m.

Memorials, in lieu of flowers, to St. Joseph Catholic Church or to Disabled American Veterans.

### Robert B. Knipe, 82

Robert B. Knipe of Central Lake, died Monday, Oct. 10, 2011, at his home.

A memorial service will take place at 1 p.m. Sunday, Oct. 23, at Hastings Funeral Home in Ellsworth with the Rev. Celia M. Hastings officiating.

### Catherine A. Thompson

(June 12, 1941 - Oct. 10, 2011)

Catherine A. Thompson, 70, of East Jordan, died Monday, Oct. 10, 2011, at Grandvue Medical Care Facility in East Jordan.

She was born June 12, 1941, in De-

troit, the daughter of Robert and Catherine (Hawkins) Wolfe.

On June 23, 1967, she married Arthur Thompson II in Detroit where they lived until they moved to East Jordan in 1972.

Cathie spent most of her career working as an office manager for ITT and WRW. She also volunteered at the local school district and other various charities.

Caring for her family was her passion and she loved animals, especially cats. Her hobbies included collecting porcelain birds. She really enjoyed playing cards with her family and friends.

Surviving are her husband, Art R. Thompson II; children, David G. Thompson of Grand Rapids, Robert A. (Wendy) Thompson of Milwaukee, Wis., Coleen T. (Andy) MacNabb of Yardley, Pa., Jennifer C. (Mike) Sherman of Ottawa Hills, Ohio; stepchildren, Arthur R. Thompson III of Fort Lauderdale, Fla., Shari L. Clemente of Westland, Mich., Vicki E. Krol of Wixom, Mich.; siblings, Robert P. (Judy) Wolfe of Northport, Fla., Mary E. (Dan) Hockey of Jacksonville, Fla., Stephen D. (Kathy) Wolfe of Boulder City, Nev., Marlene C. (Sid) Steinmetz of Sun Prairie, Wis., John J. (Kathy Wiley) Wolfe of Waterford, Mich.; and 16 wonderful grandchildren whom she adored. She was preceded in death by a sister, Janine L. Wolfe.

The funeral service was Friday, Oct. 14, at the Lighthouse Missionary Church in East Jordan with Rev. Jim Jordan officiating. Burial at Sunset Hill Cemetery in East Jordan.

In lieu of flowers, memorials may be made to the East Jordan EMS or Grandvue Medical Care Facility.



## EXPAND YOUR BUSINESS

Weekly Choice A Choice Publication County News 75c

Don't limit your print advertising to readers in just a couple of towns. Reach out to the entire region.

Readers love our Positive News and Sports in our free distribution newspaper. Advertisers love the response they get from towns all over Northern Michigan. Make the "Best Choice" for advertising your business. Choose the Weekly Choice!

The Charlevoix County News is the local weekly newspaper for all of Charlevoix County. Local News and sports from Boyne City, East Jordan, Charlevoix, Boyne Falls, Walloon Lake, Ellsworth and Atwood. Available on News Stands for 75 cents or have the newspaper delivered to your home for as low as \$35 a year.

- Lowest Cost
- Largest Distribution Area
- Audited Circulation
- Free Distribution
- Positive News
- More Content

Choice Publications

Contact Rob (The Ad Guy) 24/7 at 989-370-2710

or E-Mail: [Rob@CharlevoixCountyNews.com](mailto:Rob@CharlevoixCountyNews.com)

**EASTPORT**  
*Service*  
**Auto Repairs - All Makes and Models**

Troy La Count ~ Owner  
231-599-2483 • Fax 231-599-2469 • Cell 231-675-2348  
email: eastportservice@hotmail.com  
4947 US Hwy 31 N • Eastport, Michigan 49627

### Eugene W. Smith

Attorney at Law

**Young, Graham, Eisenheimer & Wendling, P.C.**

— 30 YEARS EXPERIENCE: —

Wills • Living Wills • Powers of Attorney • Trusts • Probate  
Deeds • Land Contracts • Easements • Leases  
Real Estate Cases • Family Law • Employment Law  
Business and Corporate Law • Contracts  
Construction Cases • Civil and Criminal Cases

203 Mason St., Charlevoix, MI • 231-547-0099 • [esmith@upnorthlaw.com](mailto:esmith@upnorthlaw.com)

### DON'T YOU WANT TO BE PEST FREE??

**MacNaughton's Pest Control, Inc.**

PROFESSIONAL WILDLIFE & INSECT CONTROL

ALL TYPES OF INSECTS: Ants • Spiders • Roaches  
Ear Wigs • Flies • Termites • Fleas • Bees/Wasps  
PESTS AND SMALL CRITTERS: Squirrels • Mice • Skunks  
Raccoons • Bats • Moles • Exclusion Work

**Toll Free 866-582-6804**

**BOYNE CITY, MI • E-MAIL: [SAMACNAUGHTON@OUTDRS.NET](mailto:SAMACNAUGHTON@OUTDRS.NET)**

\*\* WE'RE DOING WORK IN YOUR AREA \*\*





# News

Online at [www.charlevoixcountynews.com](http://www.charlevoixcountynews.com)

## Dave Kring Chevrolet - Cadillac helps serve over 2,000 Meals!

**D**ave Kring Chevrolet - Cadillac has donated over 700 pounds of beef and pork to the Manna Food Project to help local food pantries help feed families in need. All the meat was purchased by Dave Kring Chevrolet - Cadillac from local 4-H students at this year's Livestock Auction that was held at the Emmet/Charlevoix Fair in August. Pictured (left to right) is Kathy Hart executive director of the Manna Food Project, Betty Jane Johnson from First Christian Church Food Pantry, Jeff,

Dave and Matt Kring from Dave Kring Chevrolet - Cadillac and Frank Babrick from Brother Dan's Food Pantry. The meat was distributed to First Christian Church Food Pantry, the Nehemiah House, The Manna Food Project, and Brother Dan's Food Pantry. Dave continues the tradition started many years ago by Budd Tallberg of supporting the 4-H Livestock Auction and the local food pantries with the beef and pork purchases.



## Harbor Springs Habitat for Humanity Restore helping to build dreams since 1976

By Jim Akans

When someone purchases an item from the vast inventory of new and gently used home improvement products at the 9,500 square foot Habitat for Humanity Restore facility in Harbor Springs, they not only enjoy huge savings in price, they are helping to build the new home dreams of the families the Habitat organization helps each

year. It is truly a win-win situation, the expansion of a vision that began back in 1976 when Millard and Linda Fuller founded Habitat for Humanity. To date, over 400,000 affordable houses have been built by Habitat affiliates, housing more than 2 million people worldwide.

Harbor Springs Habitat for Humanity Restore Director, Bob Bystrom, states, "There were 28 Restores in Michigan when we started this one four years ago.

Today there are approximately 50 here in Michigan, and over 800 nationwide. We offer a wide variety of home improvement items, such as windows, doors, plumbing and electrical products, lawn and garden products, light fixtures, paint and more."

The inventory also includes a constantly changing selection of gently used furniture and home accessories. About the only type of item they don't carry is clothing, and as with every Habitat for Humanity Restore in the state, they no longer accept box springs or mattresses.

Bystrom notes that local businesses, area contractors, and people in the community donate the vast majority of the items offered in the store. Since Habitat for Humanity Restore is a non-profit organization, those donations are typically tax-deductible for the donor. Proceeds from the sales at the Restore are utilized to assist affiliate Northwest Michigan Habitat for Humanity build quality, energy efficient, new home for families in Emmet and Charlevoix Counties.

"When we open our doors back in March of 2007," Bystrom recalls, "Northwest Michigan Habitat for Humanity was building approximately one and a half homes per year. That capacity has now jumped to four to five homes per year, and last year

there were seven active projects. Since opening, we also estimate that we have diverted approximately 11,000 tons of waste that would have ended up in landfills."

Harbor Springs Habitat for Humanity Restore is located at 8460 M-119 in

Harbor Springs, and hours of operations are Monday through Friday, 9:30 am to 5:30 pm, and Saturday 8:30 am to 2:30 pm. For details, call 231-347-8440 or visit [www.northwestmihabitat.org/Restore.htm](http://www.northwestmihabitat.org/Restore.htm)



Customers shopping at the Habitat for Humanity Restore facility in Harbor Springs not only enjoy huge savings in price, they are helping to build the new home dreams of the families the Habitat organization helps each year. COURTESY PHOTO

**LEGENDS Auto Glass**  
I DRIVE TO YOU!  
• Free Mobile Service • Insurance Work  
• Repair or Replace • All Makes & Models  
Troy LaCount • Owner N.G.A. Master Certified  
"No Leaks For Life" 231-675-2348  
Fax: 231-588-6088  
[www.legendsglass.com](http://www.legendsglass.com) • Ellsworth

**25¢ Color Printing**  
HIGH QUALITY  
VILLAGE Graphics INC.  
111 Antrim St., Charlevoix, MI (231) 547-4172  
QUICK TURN-A-ROUND • 100 Minimum Quantity • 32 lb. Quality Paper

**GOOD SAMARITAN RESALE SHOP**  
9746 MAIN STREET, ELLSWORTH • ON THE BREEZEWAY  
Our inventory is bursting at the seams. Stop by and check out our huge selection... we're sure to have something you've been looking for.

**Furniture & More Store**  
6517 CENTER STREET, ELLSWORTH

Located on Main Street in Ellsworth the Furniture & More Store is open 10-2 Tues. through Sat. We offer sofas, tables and chairs, end tables, lamps and more! All the proceeds benefit the Good Samaritan Food Pantry.

All proceeds go to purchasing food for our food pantry

Open Tuesday 10-7, Wednesday thru Friday 10-4, Saturday 10-2  
231-588-2208

**CUSTOM & ANTIQUE FURNITURE**  
In the Rough, Professionally Painted or Completely Restored  
**FURNITURE BARN**  
06176 Old U.S. 31 South, Charlevoix, MI 49720  
(231) 547-0133 • Cell (231) 881-0353  
Web: [dkellyantiques.com](http://dkellyantiques.com)  
E-Mail: [donkellyantiques@yahoo.com](mailto:donkellyantiques@yahoo.com)

**BERGMANN CENTER INC. Resale Shop**  
8888 Ance Rd., Charlevoix MI  
2 miles north of the bridge  
Open Tues-Sat 9-4  
231.547.9624  
[www.bergmanncenter.org](http://www.bergmanncenter.org)

**HIDDEN TREASURES**

Northern Michigan Treasure Hunter's Guide to area antique, consignment, resale and thrift shops  
To add your business listing E-Mail [office@CharlevoixCountyNews.com](mailto:office@CharlevoixCountyNews.com)

<p><b>CHARLEVOIX</b> <b>Bergmann Center Resale Shop</b> 8888 Ance Road 231-547-9624 <a href="http://www.bergmanncenter.org">www.bergmanncenter.org</a></p> <p><b>Kelly's Antiques &amp; Furniture Barn</b> 06176 Old US 31 South Charlevoix 231-547-0133 <a href="http://www.dkellyantiques.com">www.dkellyantiques.com</a></p>	<p><b>ELLSWORTH</b> <b>Good Samaritan Furniture &amp; More Store</b> 6517 Center St. Downtown Ellsworth 231-588-2208 <a href="http://thegoodsam.org">thegoodsam.org</a></p> <p><b>FREDERIC</b> <b>Pineview Military Surplus</b> 7328 Old 27 North Frederic 989-348-8300</p>	<p><b>GAYLORD</b> <b>Great Rooms Quality Pre-Owned Furniture</b> 148 W. Main Street Gaylord 989-745-5184 <a href="http://www.greatroomsgaylord.com">www.greatroomsgaylord.com</a></p> <p><b>Trinity House</b> 3764 E. M-32 Gaylord 989-858-3109 989-619-0479</p> <p><b>Angels at Work Resale</b> 1523 S Otsego Ave. Gaylord 989.448.8615</p> <p><b>Venus &amp; Blue Jeans</b> 340 West Main Street Gaylord 989-731-2600 <a href="http://www.venusandbluejeans.com">www.venusandbluejeans.com</a></p>	<p><b>HARBOR SPRINGS</b> <b>Habitat for Humanity Restore</b> 8460 M-119 Harbor Springs 231-347-8440</p> <p><b>Quality Sports &amp; Tools Consignment</b> 1221 W Conway Rd. Harbor Springs 231-487-0152 <a href="http://www.qtsconsignments.com">www.qtsconsignments.com</a></p>	<p><b>MIO</b> <b>Strawberry Patch ReSale - Consignment</b> Downtown Mio 989-826-1503</p> <p><b>ONAWAY</b> <b>Second Chance Thrift Store</b> 20420 State St., Onaway 989-733-9671</p>
<p><b>BOYNE CITY</b> <b>Challenge Mountain Resale Shop</b> 1158 S. M-75 Boyne City 231-582-5711 <a href="http://www.challengemtn.org">www.challengemtn.org</a></p>	<p><b>EAST JORDAN</b> <b>StoneHedge Gardens</b> 02195 North M-66 East Jordan 231-542-2246 <a href="http://www.StoneHedgeGardens.net">www.StoneHedgeGardens.net</a></p>	<p><b>GAYLORD</b> <b>A-2-Z Resale</b> 1829 Old 27 South, Gaylord 989-732-9500</p> <p><b>Alpine Consign</b> 123 S. Indiana, Gaylord 989-731-4327</p>	<p><b>INDIAN RIVER</b> <b>Finders Keepers Antiques &amp; Consignment Shop</b> 3639 S. Straits Hwy. Indian River 231-238-5000</p>	<p><b>PETOSKEY</b> <b>Challenge Mountain Resale Shop</b> 2429 US31 North, Petoskey 231-348-3195 <a href="http://www.challengemtn.org">www.challengemtn.org</a></p>
<p><b>CHARLEVOIX</b> <b>Consign Design</b> 100 Van Pelt Pl. Charlevoix 231-237-9773 <a href="http://www.consigndesign.net">www.consigndesign.net</a></p>	<p><b>ELLSWORTH</b> <b>Good Samaritan Resale Shop</b> 9746 Main St., Ellsworth 231-588-2208 <a href="http://thegoodsam.org">thegoodsam.org</a></p>	<p><b>HARBOR SPRINGS</b> <b>New Beginnings Thrift Shop</b> 201 N. Maple Rd. Harbor Springs 231-348-2980</p>	<p><b>MANCELONA</b> <b>Mancelona Food Pantry &amp; Resale Shop</b> 201 N. Maple St. Mancelona 231-587-9606</p>	<p><b>Goodwill Retail and Donation Center</b> 1600 Anderson Road Petoskey 231-348-6947 <a href="http://www.goodwillmi.org">www.goodwillmi.org</a></p>



# News Briefs

Online at [www.charlevoixcountynews.com](http://www.charlevoixcountynews.com)

## EAST JORDAN

### Business After Hours

Attend the East Jordan Chamber Business after Hours October 20 at Murray's Bar & Grill in downtown East Jordan. Sponsored by True Value Family Center, 5-7 p.m. Enjoy the friendly East Jordan/Ellsworth business community.

## EAST JORDAN

### Meet the Candidates forum

Meet and ask questions of the candidates that will be running in the Nov. 8 City Election, Oct. 19, 7pm. Held at the East Jordan Community Auditorium and hosted by the East Jordan Area Chamber of Commerce.

## CHARLEVOIX

### Congressman Benishek to hold Forum

Congressman Dan Benishek will hold a breakfast round table forum at the Charlevoix Chamber offices on Thursday, October 20th. Stay tuned for specific times and details to be announced.

## BOYNE CITY

### Acclaimed author Robert Kurson to speak

A critically acclaimed author will come to Boyne City to share his research and writing experience from his most recent non-fiction book. Robert Kurson, of Chicago, will speak to Boyne City High School students and community members on Thursday, Oct. 20, the highlight of the Boyne Reads 2011 program by Boyne District Library. His book, "Crashing Through: The Extraordinary True Story of the Man Who Dared to See," features the story of Mike May, a man who regained his vision after a revolutionary stem cell transplant surgery.

## CHARLEVOIX

### Bowl Away Breast Cancer Bowl-a-thon

The Flight Deck and Paul Bunyan Lanes of Charlevoix are holding their first annual "Bowl Away Breast Cancer Bowl-a-thon" on Sunday, October 23 at 1pm. Wear your favorite PINKS to show your sup-

port. All proceeds will go to the Circle of Strength of Charlevoix Area Hospital to provide access to local cancer care and mammograms to those without health insurance. Pick up your pledge form at Paul Bunyan Lanes or Harbor Health and Fitness Center in Charlevoix. Please call Natalie Jason at (231)-330-7691 or email her at ntljason1@gmail.com

## BOYNE CITY

### City Candidates Forum

The Boyne Area Chamber is hosting an Oct. 25 Candidates Forum featuring the four candidates seeking three seats on the Boyne City Commission. The election will be Nov. 8. The forum will be held at 6:30 p.m. at the Boyne District Library Community Room. Delbert "Gene" Towne is running unopposed for a two-year term on the commission. Earlier this year, Towne was appointed to fill the seat vacated by Dan Adkison, who moved out of the city, and there were two years remaining on his term. The other 3 candidates are running for two, four-year terms. They are: Mark Dole, owner of Pineapple Cottage Care; Derek Gaylord, jail administrator for the county Sheriff's Department; and Tom Neidhamer, retired teacher and Planning Commission chairman. Not running for reelection are Mayor Chuck Vondra, who is stepping down after 12 years on the commission, and Commissioner Mike Cummings, who has served for four years.

## CHARLEVOIX

### Northwest Academy Dinner

For the third year, the Argonne Supper Club on Boyne City Road will be opening its doors to Northwest Academy's dinner fundraiser. It is a fabulous evening with fine food and wonderful service and entertainment provided by the students, staff and parents of Northwest Academy. The fundraiser is to support performing, visual and literary arts programs at Charlevoix's own charter school, Northwest Academy. There will be four dinner options for you to select from on Tuesday, October 25 the Argonne's

Famous Shrimp, Steak, Ribs or Chicken. Desserts and a cash bar will also be available this year, but are not included in the price of the ticket. Dinner tickets are \$25 per person in advance, \$30 at the door. Diners may come any time between 5 and 8pm. Dinner tickets are available at Northwest Academy, Heaven Sent Adoption Services, or from NWA Director of Bands, Gary Stutzman. Many Northwest Academy students and parents also have tickets you can purchase. We invite you to come and have a wonderful dinner while enjoying the music of our students, alumni and parents of Northwest Academy. Entertainment includes a saxophone quartet of 8th and 9th grade students, Charlevoix Community Band saxophone quartet, Anora and Patrick O'Conner and several other talented guitar, jazz and instrumental performers.

## EAST JORDAN

### Flu and Immunization clinic

Community Immunization Clinic October 25 from 5pm to 7pm at East Jordan Middle School in East Jordan. All are welcome! Please schedule an appointment. Parents and guardians, you must accompany your children (17 and younger). We can charge Medicaid, Medicare, or private health insurance programs for the immunization charges. If you are uninsured, we accept cash and checks for immunizations (sorry, no credit cards). Charge for flu vaccine is \$25; charge for other vaccines vary. We do not turn away anyone 18 or younger for inability to pay for required immunizations. For more information and to schedule an appointment, call the Health Department of Northwest Michigan to schedule an appointment at 800-432-4121.

## CHARLEVOIX

### Galway Bay Welcomes Shirley Crocker

Shirley Crocker (she must be related to Betty) adds even more yummy goodness to Galway Bay Green Grocer with her addition of homemade baked goods. Check out her daily variety of fresh baked pies (small or large), cinnamon buns, cookies, breads and more! All of this in addition to Galway Bay's wide variety of local, natural

and organic foods and a full case of choice, butcher-cut meats. Can't find a certain product? Not a problem, our helpful staff takes special requests for specific or hard to find items on a regular basis. We'll track it down and make it available to you!

## ELLSWORTH

### Fundamentals of Starting a Business

This 2 hour orientation session is facilitated by a NLEA/SBTDC Business Consultant. You will be acquainted with the process and the tools needed to help you begin developing your business. Wednesday, October 26, 6-8pm at Banks Township Hall. Cost is \$20 per business. To register, please contact Northern Lakes Economic Alliance, (231)582-6482. Future presentations Nov. 16 Jordan Valley District Library, Dec. 14 Boyne City District Library

## CHARLEVOIX

### Hunters Banquet

The Charlevoix Knights of Columbus will sponsor the 9th Annual Hunters Banquet on October 27 held at the VFW Hall, 12735 US 31 North. The featured presenter will be Charlevoix resident Mike Schlitt, world renowned photographer and owner of Visions of Mike. You can see his work displayed at [www.schlitt.com](http://www.schlitt.com). Mike will display and discuss his Wildlife photographs and talk about how he captures wild animals and birds of the world with his camera. The menu will feature the famous Whitley Pig Roast and other assorted game, plus a buffet of trimmings and desserts. Tickets are \$15 per person. A raffle will also be held and the tickets are \$5 apiece or 5 for \$20. All net proceeds go to the Charlevoix Food Pantry. Doors open for Socializing at 5:30pm and Dinner is served at 6:30pm. For tickets, see any active Knight or call Gabe Campbell 231-547-9739, Larry Campbell 231-547-4208.

## BOYNE CITY

### Spicy Deal

Spicy Bob's Italian Express (Boyne City restaurant only) will be offering a great pizza deal throughout the month of October from 4

to 8 p.m. Get a large pepperoni pizza for \$4.99, and you can add breadsticks and sauce for \$1.99. Carry out only, no coupon necessary. Spicy Bob's is located at 472 N. Lake St., just north of Glen's Market and Marathon gas station. Call ahead to 582-9560 for hot & fresh.

## CHARLEVOIX

### Fright night

Charlevoix Children's House Montessori School will host its 6th Annual Fright Night at the Castle Oct. 28, 6:30pm - 11pm! This is an adult only Halloween bash, complete with dinner, cash bar, DJ and dancing, a fantastic silent auction and costume contest (costumes are optional). Tickets are \$35 person and available at Bay Winds Federal Credit Union, Fox Motors, or by contacting Charlevoix Children's House at 231-547-5599.

## EAST JORDAN

### Fall Pancake Supper

Oct. 29, 5-7pm at Peninsula Grange Hall on Looze Rd. \$6/adults, \$3/kids 6 to 12, 5 and under free.

## BOYNE FALLS

### Nightmare at Challenge Mountain

Every Friday and Saturday in October from 7-10 pm. Adults \$10, 2 Children for \$5. This is NOT your typical haunted house attraction. Souls are expected to hang out and explore the entire 3 hours, we have something for everyone. The Nightmare is layered, full of small details that tell little stories; some from folk lore including some with real history behind them. Look closely and tell yourselves the stories if you dare! Inside the Haunted Lodge feature include: Evil Resides Path, Drain Maze, Evil History Ghost Tour, 1292 the Dungeon. Outside beware of what waits for you! Grimm Forest 11, Graves Family Graveyard, Witch Cottage Which Witch is which Witch?, Greatful Dead Cemetery Boot Hill Famous characters from the American Wild West, and the Dead Branch Saloon. For additional information and directions visit [www.challengemtn.org](http://www.challengemtn.org)

## BOYNE CITY

### Halloween

Oct 31, Halloween Parade: 4:30pm, Trick or

Treat from 5-8pm. Don't forget the haunted house sponsored by the Boyne City Fire Dept. 5-8p.m. at the Early Childhood Education Center (Old Middle School)

## BOYNE CITY

### Haunted house

On Oct. 31 the Boyne City Firefighters Association will sponsor its free Haunted House at the red building adjacent to the Boyne District Library.

## BOYNE CITY

### Farmers Market

Local farmers and crafters fill Veterans Park in Boyne City every Wednesday and Saturday from May until October. You will find almost anything for your table and home, handmade and homegrown.

## ELLSWORTH

### Business after hours

Enjoy some friendly conversation with business owners at Business after Hours Nov. 10, 5-7pm at the Gold Nugget Bar & Grill. Sponsored by Charlevoix State Bank, Ellsworth Branch.

## CHARLEVOIX

### 11 Healthy Habits for 2011

Clear your calendar on the first Wednesday of the month, February-December and discover the 11 Healthy Habits for 2011. A program designed to help you move toward better health this year. Set aside 30 minutes once a month to learn how to treat your body the way it deserves! Time 5.15 to 5.45 pm on the first Wednesday of the month at the Charlevoix Public Library. Come after your workday, have a healthy snack and get materials and a brief talk to get you started on the selected habit for the month. You start where you are, set your own goals, and see how easy it can be to live a healthier life, one habit at a time. Program leader: Health Coach, Susan Boyko, RN, BSN, Harbor LifeStyle Center. Contact the Charlevoix Public Library at 231.237.7360 for additional information!

## EAST JORDAN

### Farmers Market

Enjoy the fresh offerings from local growers each Thursday from 9am - 1pm at East Jordan Sportsman's Park

continued on page 7

**BOAT STORAGE**  
Heated, Unheated, Outdoor - SERVICE -  
• Shrink Wrapping Service (breathable) • "Installed right!"  
• Winterizing Packages! • Certified Inboard/Outboard Mechanics  
• Paint, Fiberglass, Gelcoat • Mechanical & Electrical • Haul-out/Launch Service

**SUNBURST MARINE, INC.**  
GAYLORD • (989) 731-5491 BOYNE CITY • (231) 582-5239  
2701 SOUTH OTSEGO AVE. (OLD ZI) 974 EAST DIVISION ST.  
Let Us Help Protect Your Boat/Marine Investment!  
[www.sunburstmarine.com](http://www.sunburstmarine.com) e-mail: [sunburst@charterinternet.com](mailto:sunburst@charterinternet.com)

**Winterization Special**  
We will winterize your towable Recreational Vehicle  
**FOR JUST \$39.95**  
Let the experts at International RV World get your Recreational Vehicle ready for winter.  
We will drain the water lines and winterize them with antifreeze by-passing the water heater, inspect the roof and check everything over to get it ready to store for only \$39.95 on all towable vehicles. Motor homes winterization service only \$59.95  
**Call for an appointment today before the snow begins to fly!**  
**INTERNATIONAL RV WORLD**  
277 EXPRESSWAY COURT • GAYLORD, MICHIGAN  
**989-448-8700**

## Crossword Puzzle

1	2	3	4	5	6	7	8	9	10	11	12	13
14						15				16		
17						18				19		
20				21	22					23		
24			25					26				
			27				28	29				
30	31	32			33	34				35	36	37
38				39		40			41	42		
43				44	45			46		47		
			48					49	50			
51	52	53						54		55	56	57
58						59	60				61	
62					63				64	65		
66					67				68			
69					70				71			

**Across**  
1- Land's end?; 6- Adult male deer; 10- Roasting rod; 14- Stomach woe; 15- Deep affection; 16- Fancy schmancy; 17- Appraise; 18- Ashtabula's lake; 19- Seine feeder; 20- Illustrative craft; 21- Person who earns a livelihood; 24- Male European deer; 26- Thwart; 27- Country bordered by Canada and Mexico; 28- Connected series of rooms; 30- Wall St. debuts; 33- Division of a poem; 35- Latin 101 verb; 38- Russian liquor; 40- Boxer Laila; 41- Smell; 43- Farm female; 44- Writing's original form; 47- Minnesota's St. \_\_\_ College; 48- Forest makeup; 49- Pale; 51- Observation; 54- Dumplings with a filling; 58- Utter defeat; 61- Eggs; 62- Fruit-filled pie; 63- Account; 64- Violinist Mischa; 66- Additional; 67- Always; 68- \_\_\_ lift?; 69- Dog-powered snow vehicle; 70- Stains; 71- Wearies;

**Down**  
1- Sucrose; 2- Mild cigar; 3- Sharp; 4- Fastener; 5- Volcano in Antarctica; 6- Streamlined; 7- When said three times, a 1970 war movie; 8- Ardent; 9- Designed to arouse wonder; 10- Cellular marine animal; 11- Sharp end; 12- Japanese immigrant; 13- Twice, a comforting comment; 22- Some DVD players; 23- Little bits; 25- Entertain in a public place; 28- Income source; 29- Windows alternative; 30- "\_\_\_ had it!"; 31- Captive soldier; 32- Form of poem, often used to praise something; 34- London gallery; 35- Afflict; 36- Curator's deg.; 37- Dark, as a light; 39- Hearing-related; 42- Taboo; 45- Associated; 46- One of a matching pair; 48- Askew; 50- Silvery white; 51- Adlai's running mate; 52- Will, old-style; 53- Intrinsically; 54- Wharves; 55- Private Pyle; 56- Circumvent; 57- Grannies; 59- Guinea pig; 60- Swiss painter Paul; 65- Wreath of flowers;



# News Briefs

Online at [www.charlevoixcountynews.com](http://www.charlevoixcountynews.com)

## CHARLEVOIX Farmers Market

Get a fresh start at the Charlevoix Farmers Market downtown in East Park. The market will take place every Thursday from 9am to 1pm through October 27. Products sold are locally grown and produced. From just picked flowers and produce to baked goods and canned items, there will be something for everyone!

## CHARLEVOIX COUNTY Advertising funds the County News

We love to run community announcements and news releases about all the things happening around the area in the Charlevoix County News. We help publicize hundreds of events and activities all across our area. Readers love the fact that the County News covers all of Charlevoix County. However, it is expensive to publish this newspaper each week filled with news and sports. Our main source of revenue comes from advertising. If your business or organization has an advertising budget, be sure to include the Charlevoix County News in your plans. Our advertising rates are far less than most other papers and your message will reach readers all across Charlevoix County. The Charlevoix County News is distributed on news stands and by subscription to Boyne City, Boyne Falls, Charlevoix, East Jordan, Ellsworth, Atwood and Walloon Lake. Contact us at [Office@CharlevoixCountyNews.com](mailto:Office@CharlevoixCountyNews.com).

## CHARLEVOIX Healthy People Group

Bay Area Substance Education Services, Inc. (BASES) in Charlevoix is hosting a "Healthy People Group" that meets every Sunday evening from 6:30 - 7:30pm at its 208 West Lincoln location. The group is available for all adults that are interested in learning about, discussing and taking action on living in a healthier way. There is "no problem required", just an interest and desire to get better. Scott and Celia Kelly, founders and Directors of BASES, are the facilitators for this adult support group. Much of the information being discussed and presented in the group is based on Scott's new book, "BASES Brain Training for Addiction Recovery" that outlines numerous skills and lessons in developing a healthier lifestyle to overcome a host of self-defeating behaviors. There is no cost for the group but the basket is passed to offset expenses. You can learn more about this weekly 60 minute support group by visiting [www.BASESTeenCenter.org](http://www.BASESTeenCenter.org) where you can view a short video that outlines the program and get a flyer that describes the Healthy People Group as well. For more information, please call BASES at 547-1144.

## PETOSKEY Free Foreclosure Workshops

Learn from experts how to prevent your home from going into foreclosure. Northwest Michigan Community Action Agency (NMCAA) offers Free Foreclosure Prevention Education workshops in Traverse City, Petoskey and Cadillac offices. Homeowners will learn how to avoid foreclosure and the different foreclosure programs that are available. NMCAA, a certified HUD and MSHDA Housing Counseling Agency, will

also educate homeowners about the foreclosure process and counsel families on budgeting for their personal financial situation. Homeowners do not have to be within the actual foreclosure process to access these services – many are available to assist before a crisis actually occurs to keep the clients out of the foreclosure process altogether. To register for this workshop or for more information, call 231-947-3780 / 1-800-632-7334 or visit [www.nmcaa.net](http://www.nmcaa.net).

## CHARLEVOIX Agriculture-based economic development workshop

Local farming, economic development and education organizations are hosting a workshop to help Charlevoix County communities boost their economies through agriculture-based development. The event will be held on Wednesday, November 9 at the Charlevoix Public Library, 7pm – 9:30pm. The program fee is \$15 per person. Registration deadline is November 2.

## CHARLEVOIX All You Can Eat Spaghetti Dinner

On Wednesday, November 2nd from 5-9pm the Charlevoix Historical Society and Villager Pub will be hosting an All-You-Can-Eat Spaghetti Dinner for 7.95 or 2-piece Whitefish dinner for 9.95 or burrito for 8.95 with all proceeds to benefit the Historical Society.

## ELLSWORTH Benefit auction

Plan to attend the benefit auction for Ebenezer Christian School Nov. 4. We have everything from Disney Tickets to Homemade treats! Doors open at 6:30 at the Ellsworth Wesleyan Church. Don't miss out on the great items that have been donated! Proceeds to directly to the Ebenezer Christian School.

## BOYNE CITY Winter Farmers Market

Thanks to the support of the Boyne District Library, the Boyne City Farmers "Winter" Market will officially open Saturday, November 5th. Winter hours will be Saturdays from 10am to 2pm. The market will be held in the red building next to the library. The library recently purchased the building for possible future expansion. It is estimated the space will allow for approximately 15 to 20 vendors to participate. The

market will be held each Saturday in November and December with the exception of Nov. 26 (Thanksgiving weekend) and Dec. 24th. Two special markets are also planned. The first is the Wednesday before Thanksgiving and the second is Dec. 23. The market also plans to be open January through April but a schedule will not be set until mid to late December. For more information about the Winter Market call the Boyne City Main Street office at 231-582-9009.

## EAST JORDAN The Magic of the Mask

An educational exhibit, "The Magic of the Mask" Most persons when thinking of the mask, Halloween comes to mind. However, the mask has been used by man for over 30,000 years in all cultures for many different reasons. They are the most ancient means of changing identity and assuring a new persona. Masks are used to entertain, distract, provoke, inspire fear, instruct audiences, transform, project, hide, and sometimes to break rules. The exhibit runs through Nov. 7, open daily from 1-4 pm at the Jordan River Art Center 301 Main St. Guided tours with hands on experiences are available to school groups. For more information or to schedule tours contact curators, Jane Diller, 231-582-6399; or Cynthia Tschudy, 231-544-6167.

## CHARLEVOIX Business Seminar Series

The Charlevoix Area Chamber of Commerce presents the first annual Business Seminar Series on Tuesday, Nov. 8 from

9am to 5pm at the Charlevoix Public Library. The series, sponsored by Northwestern Bank, will be an intensive one day event that will feature nine different speakers covering topics ranging from Strategic Advertising, to Grant Writing, to Sustainable Business Practices. Participants can sign up for the entire day of classes for a reduced rate or pick two or three single seminars that they are interested in attending. Members can attend the full day for \$100 (including lunch) or a single session for \$25. If you are interested in attending the event please contact Bethany at the Charlevoix Chamber of Commerce by calling 231.547.2101 or e-mailing [manager@charlevoix.org](mailto:manager@charlevoix.org). Pre-registration is required by Friday, November 4th.

## BOYNE CITY Leaf pickup

Leaf pickup in the City of Boyne City continues through Nov. 11 on Mondays and Fridays only. Residents should set bagged leaves curbside in clearly marked biodegradable bags, which are available at Boyne Coop True Value, Boyne City Hardware and Glen's Market. Brush will not be picked up curbside but may be brought to the North Boyne Compost Site on Robinson Street. You may haul your own leaves or brush, bagged in biodegradable bags or unbagged to the compost site, which is open seven days a week.

## BOYNE CITY Boyne meets Broadway

You will not want to miss the annual "Boyne Meets Broadway" dinner theatre, variety show and Broadway review at

Boyne City High School. Two shows will be held on Friday, Nov. 18 and Saturday, Nov. 19 with dinner and show beginning at 6 p.m. sharp. The Drama Department and Hospitality programs have teamed up to present an evening of fine dining and live entertainment. The event includes appetizer, dinner, dessert and entertainment by Boyne City High School's finest. Tickets are \$20 per person and may be purchased from any cast member or from Local Flavor Bookstore and Internet Cafe at 125 Water St. in downtown Boyne City.

## BOYNE CITY State of the Community

Everyone in the community is invited to attend the Boyne Area Chamber's third annual State of the Community luncheon. This year's event will be held at Sommerset Pointe from 12 noon to 2 p.m. Friday, Nov. 18. Speakers will be City Manager Mike Cain School Superintendent Peter Moss, County Commissioner Chris Christensen and Main Street Manager Hugh Conklin. Admission is \$20, which includes salad, entree, dessert and soft drinks. Table sponsorships, which include eight seats, table sign and introductions at the event, are \$180. A crowd of more than 100 business people and civic leaders is expected. RSVP by calling the Chamber at 231-582-6222 or emailing [deb@boynechamber.com](mailto:deb@boynechamber.com).

## BOYNE CITY Turkey trot

Ruth Skop and the Kiwanis Club of Boyne City are organizing a Turkey Trot 5K race and 1-mile fun run/walk to be held at 9am. Thanksgiving

morning. The race will begin and end at Veterans Park. Entry fee, including a T-shirt is \$15 by Nov. 11 or \$20 after. Family entry fee is \$30 in advance or \$35 after, including two T-shirts. For further information contact Ruth Skop at 582-3416 or Bob South at 582-3200. Entrants are asked to bring a canned good or non-perishable food item that will be donated to the Boyne area food pantries.

## ANTRIM & CHARLEVOIX Oryana Foods Offering Grant to non-profit Organizations

Oryana Natural Foods Market, a community cooperative owned by thousands of area residents, will make a significant donation to a worthy non-profit. Oryana currently seeks applications from local non-profit organizations for the Oryana Community Grant Program. Every profitable year, Oryana donates a portion of its end-of-year proceeds (pre-tax) to a local non-profit organization. Applicants must be a non-profit based in one of the following counties: Antrim, Benzie, Charlevoix, Grand Traverse, Kalkaska, Leelanau, Manistee, Missaukee, Wexford. Organizations who have been awarded Oryana's Community Grant within the last five years do not qualify. To download an application, visit the Community Grant section of the Oryana website, [www.oryana.coop](http://www.oryana.coop). Applications must be submitted electronically for consideration, to [luse@oryana.coop](mailto:luse@oryana.coop). The deadline is December 1, 2011. After review by a Grant Review Committee (a sub-committee of Oryana's Board of Directors).



# News

Online at [www.charlevoixcountynews.com](http://www.charlevoixcountynews.com)

## DAVE Says

### new family, lifestyle changes



Dave Ramsey

Dear Dave,  
I just got married to a wonderful lady with two children. We've talked over our financial situation, and we're determined to get out of debt within two years. This will mean some big changes in our teenager's lifestyles. How can we break this to them gently?  
Dan

a week. Plus, I grew up on a farm, I still farm, and I'm the minister of a small church. I'm trying to sort these things out, and decide how to free up more time to work in the ministry. I'm not sure what to do.  
Damon

Dear Dan,  
Having your wife, who is also their mother, on board with the plan makes a big difference. I think all of you need to sit down and have a frank, but loving, discussion about the changes that are going to come with this marriage for everyone. The kids have to adjust to a stepdad being on the scene, just like you have to adjust to a new marriage where teenagers are part of the package.

Dear Damon,  
I would spend some serious time thinking about your situation and praying. Ask God directly what he's calling you to do for this season of your life. Once you're called into the ministry, then you're in the ministry. But one of the questions we're looking at here is this: should this be the season in which you continue to do this kind of church work? Lots of ministry work is done outside the church, or at least it should be.

Let them know that you don't want to be the bad guy, but that you and mom have been looking at the money situation, and things just don't add up. Then, it wouldn't be a bad idea for mom to speak up at this point. Let her tell the kids that you've both decided it's time you made the money behave, and this will mean some lifestyle changes for everyone.

Plus, you've got to be having fun. You'll be having fun when you're doing what you were designed to do. Let me ask you a question. If you had a clean slate, no obligations and unlimited money, what would you do? Now, I'm not talking about sitting on the beach and forgetting the family. That's not an option once you have the responsibility in place. I'm talking about a kind of work that you're going to fall in love with and completely pour yourself into. If it's being involved in rental properties and real estate, fine. If it's dumping the rental properties, mail route, and farming so you can concentrate on the ministry, that's great, too.

Listen to reasonable input from them, and let them know their thoughts and feelings matter. But they also need to know things are going to be different, and this part needs to come from mom. Otherwise, they're likely to see you as the wicked stepdad!  
—Dave

Think it over from that perspective, but I'd say one or two of these things needs to disappear within the next few months. If not, it's going to start eating you up inside.  
—Dave

### too much going on

Dear Dave,  
I've got some rental houses, and I run a mail route six days

\* For more financial help please visit [daveramsey.com](http://daveramsey.com).

## New Huntington Bank Opens in East Jordan



### They cut the ribbon and the new, modern banking facility is now open for business in East Jordan.

Pictured (l-r): Brian Bromley, Senior Vice President, Retail Area Manager; Breaune Dawson, Personal Banker; Cindy Lundy, Customer Service Team Leader; Debbie Manville, Branch Manager, Investment Representative; Kim Gibson, Customer Service; Ruth Bernier, Customer Service; Sandy Cross, Mortgage Loan Officer; Angie Levell Harwood, Customer Service; Dave Krumm, District Manager



Jim Daly

## FOCUS ON THE FAMILY

with Jim Daly & Juli Slattery



Dr. Juli Slattery

### Dating can be damaging to young teens' self esteem

**Q: Our 14-year-old daughter is asking us about dating, and my husband and I have told her she'll have to wait until she's 16 for maturity reasons. But this doesn't seem to satisfy her questions. Can you help? We want her to know this is about love, not control, and that we want to help protect her from sexual temptation.**

Juli: Dating is one of those parenting issues that every family seems to approach differently. First, how do you define "dating"? Does it mean an exclusive relationship with a boy? Going out for actual dates? There's a big difference between two kids who have a crush on each other and an exclusive relationship involving emotional and physical intimacy.

I'd approach this situation by normalizing your daughter's desire to "date." A lot of her friends are probably "dating," and having a boyfriend may be

a big aspect of popularity. It's great to get to know the opposite gender and it's OK to like someone. However, explain to her that a lot of the things people do in dating relationships are harmful -- such as frequent breakups, sexting, or sharing too much emotionally or physically.

In addition to putting kids at risk for early sexual activity, dating in the young teen years interferes with the many healthy activities kids this age need to be doing. In fact, many kids start dating young just because they're bored. Keep your daughter busy discovering activities that match her interests, like sports, volunteering or babysitting. Encourage her to develop healthy friendships with many peers -- guys and gals -- rather than focusing her attention on one individual.

Your daughter may still not be satisfied with that approach, and that's OK. Most 14-year-olds think their parents are out of touch or too strict. We thought that about our parents,

too. But in hindsight, she'll be grateful for your protection during these early teen years.

**Q: Do you have a list of questions a father should be asking his daughter's potential boyfriend?**

Jim: I had a friend, retired from the military, who would make sure that his shotgun was prominently displayed nearby whenever a suitor came calling on his daughter. While she was getting ready, he'd sit each guy down on the couch and say something along the lines of, "My daughter is more important to me than anything. I'd go to jail for her. I expect you to treat her with the utmost respect, or you will answer for me." One guy jumped off the couch and said, "I'm sorry, sir, but I don't want to run the risk of letting you down!" and headed out the front door.

I'm not suggesting you take this approach! But you could use more subtle means to convey the same message: that

while your daughter still lives under your roof, she is primarily your responsibility and you expect her to be treated with the utmost care and respect.

As for other questions, the tried-and-true "What are your intentions with my daughter?" is a good measuring stick. Try to find out what his interests are, how he's doing in school, and what his own family is like. His answers to these questions can reveal much about how he feels about your daughter (and women in general), the degree to which he respects authority, and his own value system.

Realistically, a first-time interview is not the most effective means of evaluating a young man's character. If he continues to pursue your daughter, invite him to spend more time with your family. That will better enable you to evaluate whether or not he's a worthy suitor.

Copyright 2010 Focus on the Family, Colorado Springs, CO

**SOUTH POINT COLLISION, INC.**  
"Your Hometown Body Shop"  
Gary Janz, Owner  
Ph. 231-547-1293 Fax: 231-547-7376  
05453 US 31 South • Charlevoix, MI 49720  
Free Indoor Computerized Estimating • Pick-up & Delivery  
Free Loaner Cars • We Service Any & All Insurance Claims  
Light & classic Restoration • Full Down Draft Bake Booth  
VISA & MASTERCARD ACCEPTED

**Where We Meet By Accident...**  
"It will be right. I guarantee it."  
- Gary Janz, owner

**NORWOOD UNITED METHODIST CHURCH**  
Norwood Village  
Sunday School: 10:45am  
Sunday Worship: 11:45am  
Pastor, Rap Posnik: 231-883-1985

1	S	2	C	3	A	4	P	5	E	6	S	7	T	8	A	9	G	10	S	11	P	12	I	13	T
14	U	15	L	16	C	17	E	18	R	19	L	20	O	21	V	22	E	23	P	24	O	25	S	H	
26	G	27	A	28	U	29	G	30	E	31	E	32	R	33	I	34	E	35	O	36	I	37	S	E	
38	A	39	R	40	T	41	B	42	R	43	E	44	A	45	D	46	W	47	I	48	N	49	N	E	R
50	R	51	O	52	E	53	B	54	U	55	C	56	K	57	H	58	O	59	G	60	T	61	I	E	
62	U	63	S	64	A	65	S	66	U	67	I	68	T	69	E	70	71	72	73	74	75	76	77	78	
79	I	80	P	81	O	82	S	83	S	84	T	85	A	86	N	87	Z	88	A	89	90	91	A	92	M
93	V	94	O	95	D	96	K	97	A	98	A	99	L	100	I	101	S	102	N	103	104	I	105	F	
106	E	107	W	108	E	109	U	110	45	45	45	45	45	45	45	45	45	45	45	45	45	45	45	45	
111	45	112	45	113	45	114	45	115	45	116	45	117	45	118	45	119	45	120	45	121	45	122	45	123	45
124	124	125	125	126	126	127	127	128	128	129	129	130	130	131	131	132	132	133	133	134	134	135	135	136	136
137	137	138	138	139	139	140	140	141	141	142	142	143	143	144	144	145	145	146	146	147	147	148	148	149	149
150	150	151	151	152	152	153	153	154	154	155	155	156	156	157	157	158	158	159	159	160	160	161	161	162	162
163	163	164	164	165	165	166	166	167	167	168	168	169	169	170	170	171	171	172	172	173	173	174	174	175	175
176	176	177	177	178	178	179	179	180	180	181	181	182	182	183	183	184	184	185	185	186	186	187	187	188	188
189	189	190	190	191	191	192	192	193	193	194	194	195	195	196	196	197	197	198	198	199	199	200	200	201	201
202	202	203	203	204	204	205	205	206	206	207	207	208	208	209	209	210	210	211	211	212	212	213	213	214	214
215	215	216	216	217	217	218	218	219	219	220	220	221	221	222	222	223	223	224	224	225	225	226	226	227	227
228	228	229	229	230	230	231	231	232	232	233	233	234	234	235	235	236	236	237	237	238	238	239	239	240	240
241	241	242	242	243	243	244	244	245	245	246	246	247	247	248	248	249	249	250	250	251	251	252	252	253	253
254	254	255	255	256	256	257	257	258	258	259	259	260	260	261	261	262	262	263	263	264	264	265	265	266	266
267	267	268	268	269	269	270	270	271	271	272	272	273	273	274	274	275	275	276	276	277	277	278	278	279	279
280	280	281	281	282	282	283	283	284	284	285	285	286	286	287	287	288	288	289	289	290	290	291	291	292	292
293	293	294	294	295	295	296	296	297	297	298	298	299	299	300	300	301	301	302	302	303	303	304	304	305	305
306	306	307	307	308	308	309	309	310	310	311	311	312	312	313	313	314	314	315	315	316	316	317	317	318	318
319	319	320	320	321	321	322	322	323	323	324	324	325	325	326	326	327	327	328	328	329	329	330	330	331	331
332	332	333	333	334	334	335	335	336	336	337	337	338	338	339	339	340	340	341	341	342	342	343	343	344	344
345	345	346	346	347	347	348	348	349	349	350	350	351	351	352	352	353	353	354	354	355	355	356	356	357	357
358	358	359	359	360	360	361	361	362	362	363	363	364	364	365	365	366	366	367	367	368	368	369	369	370	370
371	371	372	372	373	373	374	374	375	375	376	376	377	377	378	378	379	379	380	380	381	381	382	382	383	383
384	384	385	385	386	386	387	387	388	388	389	389	390	390	391	391	392	392	393	393	394	394	395	395	396	396
397	397	398	398	399	399	400	400	401	401	402	402	403	403	404	404	405	405	406	406	407	407	408	408	409	409
410	410	411	411	412	412	413	413	414	414	415	415	416	416	417	417	418	418	419	419	420	420	421	421	422	422
423	423	424	424	425	425	426	426	427	427	428	428	429	429	430	430	431	431	432	432	433	433	434	434	435	435
436	436	437	437	438	438	439	439	440	440	441	441	442	442	443	443	444	444	445	445	446	446	447	447	448	448
449	449	450	450	451	451	452	452	453	453	454	454	455	455	456	456	457	457	458	458	459	459	460	460	461	461
462	462	463	463	464	464	465	465	466	466	467	467	468	468	469	469	470	470	471	471	472	472	473	473	474	474
475	475	476	476	477	477	478	478	479	479	480	480	481	481	482	482	483	483	484	484	485	485	486	486	487	487
488	488	489	489	490	490	491	491	492	492	493	493	494	494	495	495	496	496	497	497	498	498	499	499	500	500

**ATTENTION:**

# SMALL BUSINESS OWNERS

The challenges of operating a small business in a seasonal community are numerous. For many area contractors the cold weather brings reduced work, while for retailers the end of the Holiday Season will also see a drop in revenues.

**But there's no need to break the bank!**

At **The Insurance Shop of East Jordan** we offer the best value in small business insurance combined with exceptional service. Let our friendly and knowledgeable staff help you determine whether one of our customized, coverage packages can better meet your current insurance needs. We offer Business Owners, Commercial, Commercial Auto, Contractors, Workers' Compensation, Equipment breakdown, Umbrellas, Bonding & more. Isn't it worth a look?

**CALL US TODAY... we could be saving you money tomorrow!**

**Fremont Insurance PURE MICHIGAN**

## The Insurance Shop OF EAST JORDAN

824 Water St., East Jordan • 231.536.3331 • [www.theinsuranceshop.net](http://www.theinsuranceshop.net)



# Food & Dining

Online at [www.charlevoixcountynews.com](http://www.charlevoixcountynews.com)

## Michaywe' Inn the Woods offers casual dining elegance

By Jim Akans

Located just far enough off the beaten path to embrace a gorgeous, peaceful wooded setting, yet only about ten minutes from downtown Gaylord, Michaywe' Inn the Woods restaurant provides the perfect setting to enjoy a delicious dining experience that is both comfortably casual, and memorably elegant.

The menu offers a moderately priced and nicely varied selection of traditional American cuisine, highlighted by freshly prepared soups and salads, specialty sandwiches and burgers, house favorites including New York Strip steak, hearty Beef Pot Roast, Baby Back Ribs, Great Lakes Perch, and Whitefish. Home-made pizza's and a selection of tasty appetizers such as Bacon Wrapped Scallops, Flatbread Bruschetta and Boneless Buffalo Wings are also available.

Chef John Kaye, who learned his culinary craft at Oakland Community College and apprenticed at the prestigious Orchard Lake Country Club, oversees the kitchen at Michaywe' Inn the Woods, and has accumulated nearly 20 years of experience as a chef in leading area resorts.

He states, "We take a 'food-first' approach here at Michaywe' Inn the Woods. Flavors, textures, seasonings and freshness are our priorities. We purchase as many of our ingredients locally as possible, and we even have our own herb garden right here on the grounds. We believe that the little details make the difference for our guests."



PHOTO BY JIM AKANS

Michaywe' Inn the Woods restaurant provides the perfect setting to enjoy a delicious dining experience that is both comfortably casual, and memorably elegant.

**TRADITIONAL POLISH CUISINE**

**Buy the first main dish and get the 2nd one half off!!**

At the Polish Kitchen of Harbor Springs, you'll savor the flavors of the old country: the rich, earthy blends of meats and vegetables that are the staples of Polish home cooking.

8418 M-119, Harbor Springs  
**231-838-5377**  
OPEN 11AM - 8PM, 7 DAYS A WEEK  
(LOCATED IN THE HARBOR PLAZA BY THE HARBOR SPRINGS AIRPORT)

- Dine In, Take Out or Delivery -

[WWW.FAMOUSPOLISHKITCHEN.COM](http://WWW.FAMOUSPOLISHKITCHEN.COM)

The Michaywe' Inn the Woods setting is simply superb, with a wall of windows along two sides of the main dining area beautifully capturing the views of the surrounding woodlands, the graceful walking bridge arching over Lake Michaywe, and the open fairways of the Pines Golf Course. Outside dining is available, as are two large banquet rooms that are regularly utilized for wedding receptions, rehearsal dinners and business or organizational meetings and gatherings. Michaywe' Inn the Woods also features a separate lounge area with a full selection of wines, beers and spirits and flat screen televisions strategically placed for optimal guest viewing.

The facility is open year round with the exception of a two-week period in early April for spring-cleaning. Hours of operation are Monday through Thursday, 4 pm until 9 pm, Friday 4 pm until 10 pm, Saturday noon until 10 pm, and Sunday from noon until 8 pm.

"Michaywe' Inn the Woods offers a truly unique dining experience in a beautiful northern Michigan setting," he adds. "We firmly believe that after visiting us the first time, guests will return again and again."

For additional information, contact Michaywe Inn the Woods at (989) 939-8800 or visit [www.michaywe.com](http://www.michaywe.com)

**Michaywe' Inn the Woods**

**Schnitzel \$12.00**  
Breaded and pan-fried pork tenderloin cutlets served with mushroom gravy, fresh garlic spatzel, sweet & sour red cabbage, and Chef's fresh vegetable.

**Sirloin Tips Red River \$14**  
Hot, seared sirloin tips tossed with onions, bell peppers, roasted garlic and tomatoes and then finished with chipotle demi glaze, smoked cheddar cheese and tortilla chips. served with red beans and rice.

**Mediterranean Salmon \$16**  
Salmon baked with fine herbs and olive oil, topped with sun-dried tomato pesto and served with wild rice, spinach & feta cheese timbale and Chef's fresh vegetable.

**FEATURED DRINKS**  
Michigan Monday Michigan Microbrews \$3 Bottle  
Premium House List Martinis \$4  
Tap Beer Tuesday Lienenkugel Red & Labatt Blue Light \$2 Pints  
Winey Wednesday House Pour Wines \$3 Glass or \$12 Bottle  
Well It's Thursday Mixed Drinks \$2 & Martini or Manhattan \$4

**Football Specials**  
Noon to 4pm EVERY Sat & Sun  
\$5 Lunch Specials \$2 Draft & Domestic Bottle Beer \$3 House Wine \$2 Well Drinks

**O'BRIEN'S RESTAURANT**  
*Drive a Little and Enjoy a Lot!*

320 S. Morenci Ave. (On M-33-Main Street), Mio  
LOCATED at the "SONGBIRD MOTEL"  
Reservations Greatly Appreciated and Strongly Suggested

**989-826-5547**  
OPEN SUN NOON-4PM, CLOSED MON & TUES  
OPEN WED, THURS, FRI & SAT. 5PM-8PM

**CHECK OUT OUR RESTAURANT REVIEWS ON "TRIPADVISOR.COM"**

**SUPER SUNDAY ONLY SPECIALS LIMITED TIME OFFER**

**TWO FOR TWENTY-TWO**  
**TWO COMPLETE DINNERS FOR \$22.00 SUNDAYS ONLY - NOON TO 4PM**

Your choice of the following entrees:  
One Half Chicken - Fried -----Dan's Special Garlic Chicken  
Half Rack BBQ Ribs-----Grilled Chicken Breasts  
Italian Sausage over Linguine-----Grilled Pork Tenderloin  
Fried Cod-----Sautéed Mussels over Linguine

(No coupons, Discounts or Gift Certificates Valid on SUNDAY ONLY SPECIALS!)

All Dinners served with Soup, Relish Tray, Potato or Rice, Hot Baked Rolls and 3 Flavored Butters

Lobster - Steaks - Walleye - Shrimp - Mussels - Mahi  
Vegetarian Dishes - BBQ Ribs - Scampi - Chicken  
Prime Rib - Pasta Dishes  
Full Menu Always Available

**COCKTAILS - WINE - BEER**  
AVAILABLE FOR YOUR DINING PLEASURE  
**989-826-5547**

**"EARLY BIRD SPECIAL"**

**20% OFF**  
Any menu selection including desserts.  
Monday thru Thursday from 4:00 to 7:00 p.m.  
(Family Room Only)

**Sugar Bowl**  
Gaylord's Landmark Restaurant Since 1919  
Downtown Gaylord  
Open 7 a.m. Daily • For Reservations Phone (989) 732-5524

**Alpine TAVERN & EATERY**

Best Food, Friends and Times this side of the 45th Parallel.

Entertainment on the Patio every weekend during the summer

Open for breakfast, lunch and dinner  
7 days a week at 8am

220 South Otsego, Gaylord  
**989-732-5444**  
Dine-In or Carry Out

**Halloween Costume Party**  
**Saturday, Oct. 29 at 9pm**  
Prizes Karaoke Judging at 11:30pm

**Booking Christmas Parties Now**

\$9.99 DINNERS  
Tuesday & Friday: Fresh Whitefish, Premium Cod or Ocean Perch  
Wednesday: Steamed or Hand-dipped Jumbo Shrimp

**HAPPY HOUR**  
5-6 pm Monday - Thursday  
4-6 pm Friday - Sunday  
12 oz. Bud or Bud Light drafts... \$1.75  
House Wine... \$3/glass  
\$2 Well Drinks - Whiskey, Gin, Vodka or Rum

**REDWOOD STEAK HOUSE**  
Open Mon.-Thurs. 5 pm • Fri. - Sun. 4 pm  
Lewiston • [www.redwoodsteakhouse.com](http://www.redwoodsteakhouse.com) • 786-4600

**B treated**

**\$1.00 OFF** any grande/super specialty beverage (hot, iced or frozen)

Located Inside Petoskey Meijer

for franchise info [www.biggyby.com](http://www.biggyby.com)

Good at this location only. Not good with any other offer. No copies of this ad will be accepted. Expires 10/30/11. CODE 100562

**buy one grande/super specialty beverage & get one FREE** (hot, iced or frozen - of equal or lesser value)

Located Inside Petoskey Meijer

for franchise info [www.biggyby.com](http://www.biggyby.com)

Good at this location only. Not good with any other offer. No copies of this ad will be accepted. Expires 10/30/11. CODE 100562



# News

Online at [www.charlevoixcountynews.com](http://www.charlevoixcountynews.com)

## Agriculture-based economic development workshop scheduled for November 9

Local farming, economic development and education organizations are hosting a workshop to help Charlevoix County communities boost their economies through agriculture-based development. The event will be held on Wednesday, November 9 at the Charlevoix Public Library, 7:00 p.m. – 9:30 p.m.

Agriculture is an important part of Charlevoix County's economy. Whether it is commodity production for national markets, vegetables for local farm markets, agriculture-based tourism or locations for wind energy facilities, farms provide jobs and income.

"Agriculture is one of the bright spots in this difficult economy and there are new opportunities to increase its contribution to local economic development," said Dean Solomon, MSU Extension Senior Educator.

This workshop is specially designed for county and township elected officials, planning commission

members, professional planners, farmers and interested citizens. The event is sponsored by Michigan State University Extension, Northern Lakes Economic Alliance, Charlevoix County Farm Bureau, Charlevoix County Planning Department and the Charlevoix County Conservation District.

During the workshop, participants will learn about agriculture trends and new economic opportunities, planning and zoning techniques to increase farm income and jobs, and discuss possibilities and barriers. Featured speakers include experts from the Northern Lakes Economic Alliance, MSU Extension and the Northwest Michigan Council of Governments.

The program fee is \$15 per person. Registration deadline is November 2. For more information contact the Charlevoix County MSU Extension office at 231-582-6232, [www.msue.msu.edu/charlevoix](http://www.msue.msu.edu/charlevoix).

## Project approved, hero recognized at council meeting

B. J. Conley

CHARLEVOIX — A new development with office and residential space was approved by city council at Monday's meeting.

The property is located at 211 Ferry Ave., between the Charlevoix Yacht Club and the green space owned by the Marina Bluffs Condo Association. The lot is approximately 12,825-square-feet. The mixed-use development is a project of Diversified Planning LLC, owned by Daniel and Barbara Yenglin.

Offices will occupy the first floor of the building to be constructed and a single-

family condominium is planned for the second floor.

City planning director Mike Spencer said the planning department received public comments concerning water views obstructed by this project, mainly from several property owners on Terrace Street, but the planning commission decided that legally it could not restrict the development based on views alone. Spencer said the Yenglins are working with residents for a satisfactory remedy.

The planning commission recommended approval of the development to city council with two conditions: That the construction include the installation of an

interior sprinkler system and that a document notifying future property owners that the upper unit shall be single-family residential only and the document will be filed with the Register of Deeds.

Council's Monday meeting included a recognition of the heroic actions of Steve Jadwin, who noticed a fire in a house on State Street. He stopped and entered the dwelling to help people get out at risk to his own life. Jadwin was given a certificate and applauded by council and members of the public.

[reporterbjh@gmail.com](mailto:reporterbjh@gmail.com)

## FROM PAGE 1 Lawsuit

The Petoskey News-Review alleges that the commission has refused to produce the e-mails under a FOIA demand, but the defendants dispute that.

The case revolves around the Charlevoix county commissioners using

iPads and laptop computers in public meetings when the citizens who attend cannot see or hear the e-mail communications that commissioners may be sending to each other during the meetings.

The Open Meetings Act authorized by Attorney General Bill Schuette states that commissioners are allowed to use the electronic media so long as the elected officials are not deliberating toward deci-

sion-making, making actual decisions or conducting a vote. The defendants say none of the e-mails contain any of the restrictions.

The lawsuit continues against the county Board of Commissioners and the Office of the Prosecutor. Olsen has requested a hearing in November for dismissal of the rest of the case.

[reporterbjh@gmail.com](mailto:reporterbjh@gmail.com)

## FROM PAGE 1 Farmer's Market

The vendors will not be charged rent, but will pay for the utilities.

The Boyne City Winter Farmers Mar-

ket will open on Saturday, Nov. 5, and continue each Saturday through the winter months. Hours are 10 a.m. – 2 p.m. The only exceptions are Nov. 26, Thanksgiving weekend, and Dec. 24. Two special market days are planned for the first Wednesday before Thanksgiving and on Dec. 23.

The current farmers market continues in Veterans Park from 8 a.m. – noon on Wednesday and Saturday through Oct. 30. For more information about the winter market call the Boyne City Main Street office at 231-582-9009.

# Maureen Hollocker named Director of Great Start Collaborative



Maureen Hollocker of Harbor Springs has been named as the new director of the Great Start Collaborative of Charlevoix, Emmet, and Northern Antrim counties. COURTESY PHOTO.

Maureen Hollocker of Harbor Springs has been named as the new director of the Great Start Collaborative of Charlevoix, Emmet, and Northern Antrim counties. The collaborative is currently made up of more than 30 different participants and organizations from around the community. Representatives from business, health, education, human services, legislative, higher education, non-profit, court systems, and parents are committed to creating a movement in our area that seeks to involve the entire community in supporting families as they raise their young children to succeed in school and in life.

In her role, Hollocker will work with partnering agencies to facilitate the collaboration of raising awareness of early education programming and advocate for fur-

ther investment into education programs which serve the zero to age five population. Additionally, she will be watching the education legislative changes and leading the collaborative in strategizing for new ways to help young children and families. Hollocker, a native Michigander, has been living in the northern Michigan area for 8 years after 10 years in Los Angeles, California.

"My family returned to Michigan when my son was 2 years old, and picked the northern Michigan area in particular because we felt it was a great place to raise a child," Hollocker said.

Jill Haan, Early Education Coordinator for Charlevoix-Emmet ISD explained, "Maureen was chosen as director for her diverse professional history that includes previous legislative experience, event planning, and a great pas-

sion and personal experience in early education and intervention with her own child."

The Collaborative goals encompass five major components: pediatric and family health, social-emotional health, childcare and early education, family support and parenting leadership. Other components of the Great Start Collaborative include the Great Start Parent Coalition in partnership with the Great Start Regional Resource Center. This October, the network will be distributing their new strategic plan for the 2011-2013 periods. Upcoming Great Start events include: Halloween Costume Exchange and Family Fun Event on October 16 to promote a "green" and budget saver holiday, and a Parenting Education Conference and Preschool/Childcare Fair during Parenting Awareness Month in

March 2012.

The Great Start Collaborative is publicly funded through state and federal governments, and recent cuts have made their additional grant donations vital to achieving the goal of giving every child in our community a great start in their growth and development. There are 55 collaboratives throughout Michigan covering all the state's counties.

The Charlevoix, Emmet and northern Antrim Collaborative is seeking additional community leaders, business owners, and parents that are interested in promoting a child and family friendly community. Please contact Hollocker with your interest at 231.582.8070 or [greatstartforkids@gmail.com](mailto:greatstartforkids@gmail.com) / [www.greatstartforkids.com](http://www.greatstartforkids.com).

## GALWAY BAY GREEN GROCER

*The Market with a Healthy Attitude!*

Choice Meats ~ Seafood ~ Deli ~ Wine & Spirits  
Produce ~ Natural ~ Organic ~ Local

Sale Prices  
Good thru  
**10/26/11**

<p style="text-align: center;">We now have <b>Kettle Cooked Whole Chickens!</b> <i>Better than rotisserie!</i></p> <p>Whole Bird .....\$6.99 8 PC. ....\$8.99 5 PC. ....\$5.99</p> <p style="text-align: center;"><b>Meals to Go</b></p> <ul style="list-style-type: none"> <li>• MEAT LOAF &amp; MASHED POTATOES TURKEY DINNER</li> <li>• WET BURRITO • CHICKEN ALFREDO • HAM DINNER</li> </ul> <p style="text-align: center;"><i>Soup &amp; Chili Every Day!</i> OR...TRY OUR MAKE YOUR OWN SANDWICH BAR</p>	<p style="text-align: center;">CHARLEVOIX'S ONLY "CHOICE" FULL SERVICE <b>Butcher Shop</b></p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="border-right: 1px solid black; padding: 2px;">Ground Sirloin</td> <td style="padding: 2px;"><b>\$3.99</b> /pound</td> </tr> <tr> <td style="border-right: 1px solid black; padding: 2px;">Ground Chuck</td> <td style="padding: 2px;"><b>\$3.59</b> /pound</td> </tr> <tr> <td style="border-right: 1px solid black; padding: 2px;">Whole Fryers</td> <td style="padding: 2px;"><b>\$1.29</b> /pound</td> </tr> <tr> <td style="border-right: 1px solid black; padding: 2px;">Boneless Breasts</td> <td style="padding: 2px;"><b>\$3.99</b> /pound</td> </tr> <tr> <td style="border-right: 1px solid black; padding: 2px;">Semi-Boneless Rib Steaks</td> <td style="padding: 2px;"><b>\$7.99</b> /pound</td> </tr> </table>	Ground Sirloin	<b>\$3.99</b> /pound	Ground Chuck	<b>\$3.59</b> /pound	Whole Fryers	<b>\$1.29</b> /pound	Boneless Breasts	<b>\$3.99</b> /pound	Semi-Boneless Rib Steaks	<b>\$7.99</b> /pound	<div style="text-align: center;"> <p><b>Bakery</b></p> <p>Homemade Italian Bread <b>\$2.79</b></p> <hr/> <p>Homemade Kaiser Rolls <b>\$2.09</b></p> <hr/> <p>Cinnamon Rolls (4 ct.) <b>\$2.19</b></p> <p style="text-align: center;"><i>Plus.. COOKIES &amp; PIES DAILY!</i></p> </div>
Ground Sirloin	<b>\$3.99</b> /pound											
Ground Chuck	<b>\$3.59</b> /pound											
Whole Fryers	<b>\$1.29</b> /pound											
Boneless Breasts	<b>\$3.99</b> /pound											
Semi-Boneless Rib Steaks	<b>\$7.99</b> /pound											

**We will have Bieh's Turkeys again this year. Stop in and preorder your turkey, ham or roast today!**

We are committed to offering as much local products as possible!

**Call us today!**

**402 Petoskey Ave., Charlevoix, MI**

**231-547-0080**

Don't forget to like us on facebook!

BOYNE CITY HIGH SCHOOL

# STUDENT OF THE WEEK

*"This is my first year at Boyne city Public Schools, and I'm really loving it here!"*  
— Hannah

## Hannah Knitter

**GRADE:** 9

**SCHOOL ACTIVITIES:** Basketball, Golf, Tennis, Drama

**HOBBIES AND INTERESTS:** Little Traverse Civic Theater Plays, Dancing – Ballet, Modern, and Hip Hop, Crafting, Reading

**FUTURE PLANS/GOALS:** One goal of mine is to be in the Young Americans. It would be great to travel abroad with them!

*"I am always impressed with Hannah's positive attitude EVERYDAY."*  
(Andy Bryant, Physical Science teacher)

*"Hannah is a positive young lady that is a joy to have in class."*  
(Don Nohel, BFS teacher)

*Hannah has an exceptional attitude, admirable work ethic and participates in all activities."*  
(Aaron Fritzsche, German teacher)

**KIDS GROW BETTER IN FAMILIES**

**Become a foster or adoptive parent.**

Professional training, ongoing support, and financial assistance are part of the package. For more information call **231.347.4463** or visit [www.cfsnwm.org](http://www.cfsnwm.org).

Child & Family Services of Northwestern Michigan



# Health & Wellness

Online at [www.charlevoixcountynews.com](http://www.charlevoixcountynews.com)

## Local Honey and Allergies

By Tom Ogren

Some years ago I wrote several articles touting the use of local honey to help alleviate seasonal pollen allergy/hay fever symptoms. I wrote that I had seen local honey used numerous times with very good effect, that it was relatively safe, was inexpensive, and that the honey itself also had other health benefits that might be good for people with allergies.

I wrote that the honey used ought to be raw honey, unheated, unpasteurized, and that the more local the honey was, the more it was apt to be effective. The theory works like this: the pollens you are most likely to be allergic to, are those found in the area where you live and work, the pollen grains coming from local trees, shrubs, grasses, vines and flowers in your own immediate area.

The local honeybees, the bees that live and harvest pollen and nectar in your own neighborhood, they are collecting the exact same kind of pollen grains that you would be most allergic to. Small amounts of this same pollen (and other possible local allergens associated with flowers) will be found in the honey these bees make.

### Allergy therapy is roughly based on three concepts:

1. Avoidance: Avoid what is triggering your own allergies - hence the prime importance of allergy-free gardening. It makes NO sense to plant highly allergenic plants in your own

yard; doing so will just over-load your immune system with allergens.

2. Immunotherapy: Very small amounts of the allergens are taken over a long period of time, allowing the body to build up resistance to the allergens. This is the same thing an allergist does when they give someone allergy shots. This is also the same thing that can happen when local honey is used over a prolonged period of time.

3. Antihistamines, drugs: This, unfortunately, is the most common way of dealing with the problem of pollen allergies. Doctors prescribe billions of dollars worth of prescription drugs to stifle the effects of the allergies. Many millions of dollars worth of other similar non-prescription drugs are simply bought over the counter, again to damper down the hyper immune system, to get relief from the allergies.

Let's take a quick look at the three concepts of how to deal with pollen allergies, at the good and bad points of all three.

Avoidance is the best, by far. There are no negative side effects from simply avoiding whatever it is that makes one feel bad; it is the utmost of common sense. Many city streets and a multitude of city parks, schools, commercial landscapes, and especially front and backyards of homes, worldwide, have been landscaped with plants that will over-produce very large amounts of highly allergenic pollen each year and they will trigger allergic reactions. Over time, the allergies to these allergenic

local plants will get worse, not better unless changes are made in the local environment unless the most allergenic plants are replaced with allergy-free plant choices.

Immunotherapy is often very effective, but it is typically quite expensive and many insurance policies do not cover the expenses then too, over time, the effects of the allergy shots tend to wear off, and they need to be repeated. Nonetheless, if one can afford these shots, I do recommend them. Local honey does much the same thing, but it costs much less, and also has other health benefits from the raw honey itself.

Antihistamines, drugs: When an allergic response is triggered, the body's immune system goes into overdrive, attacking the pollen as though it were a more dangerous substance than it actually is. The physical result of all this over-action on the part of the immune system results in itching, runny and sneezy noses, and of course, more mucus production. The allergy drugs put a damper on the immune system and thus reduce these symptoms caused by this hyper-activity.

But, at what cost? It has been long known, and well documented, that allergies are protective against cancer. Yes, having allergies protects against cancer, as does having asthma. Why would this be?

At any given time any one of us may have cancer of some form or another somewhere in our bodies, but most of the time our

See *Allergies*, Page 12A

## "Good Enough" Parents

By Russell Turner

Helping our children develop self-confidence, self-reliance, and self-control all contribute to the development of self-esteem. While these are critically important skills for our children to have it is equally important for us as parents. The reason for this is the effect that proper self-esteem has on our parenting and so much of our lives. It affects the quality of our relationships, our willingness to try new things, and how we confront life's disappointments. Our personal self-esteem directly effects how we behave towards others. Some of those "others" are our children. When we think about how we act when our self-esteem is either high or low, we get a sense of which direction we are traveling as parents. If we look at low self-esteem we can see the pain we can cause. Then take a look at our actions when we have proper self-esteem, and we realize how good we feel and how that translates into good feelings for our children. Diabetes makes our children feel bad enough, both physically and mentally, they don't need us adding to their burden.

When we feel good about ourselves we tend to create a positive atmosphere. This in turn creates feelings of security, happiness and contentment in those around us. When we are feeling low or critical about ourselves we start to use power and control to make us feel better and that causes similar feelings in those we love. Sometimes it seems that life has a way of trying to lock us into a negative cycle by us passing some of our less positive attitudes to our children. When we are aware of our feelings, and understand how to manage them, we have the opportunity to stop ourselves and change the message we passing along.

When we feel good inside we always notice the good our children do and are quick to praise and reward that behavior. Behaviors that include kindness, or taking the initiative on a task, effort, or just plain using their heads. What is important is the fact that we noticed and commented on the behavior. This gives our children positive feedback. It also increases their motivation to continue that type of behavior and they may look for more opportunities to display it. Also, when we acknowledge their actions it attaches some importance to them.

Being aware of our feelings helps us not only to recognize what we expect from our children, it also helps us to enforce it consistently. Consistency shows commitment, and commitment provides a feeling of security for our children.



All of this together promotes self-confidence in them. When we are emotionally strong we can give our children the chance to make their own choices and gain a sense of what's appropriate. This helps them to develop self-reliance. By assuming our children are competent but giving them a safe space to set limits, experiment and make some mistakes, we show trust and help our children to develop self-control.

Children who feel approved of, are aware of their skills and talents, are trusted and respected, are confident and independent, are children with good self-esteem. By being aware of our behavior and understanding how to manage and adapt it we give our children the proper foundation for a successful happy life.

The beauty of being a "good enough" parent is we don't have to be a perfect parent. There is room for mistakes. As long as we are doing enough things right and demonstrate our love, mistakes don't really matter nor do any harm. We can never be perfect but we can be good enough!

**About the Author:** Russell Turner is the father of a 10 year old diabetic daughter. After she was diagnosed he soon discovered he could find all sorts of medical information on the internet. What he couldn't find was how to prepare his child and family for living with this disease. He started his own website for parents of newly diagnosed diabetic children.

# Health SERVICES

directory

**HOME HEALTH CARE**

**Health Dept. of NW Michigan**  
220 W. Garfield  
Charlevoix  
231-547-6092  
[www.nwhealth.org](http://www.nwhealth.org)

**Mercy Home Care**  
324 Meadows Dr.  
Grayling  
989-348-4383  
[www.trinityhomehealth.com](http://www.trinityhomehealth.com)

**Northern Management Services**  
657 Chestnut Ct.  
Gaylord  
989-732-6374  
[www.northernmanagement.org](http://www.northernmanagement.org)

**HOSPICE**

**Health Department of NW Michigan**  
220 W. Garfield, Charlevoix  
231-547-6092  
[www.nwhealth.org](http://www.nwhealth.org)

**Mercy Hospice**  
324 Meadows Dr., Grayling  
989-348-4383  
[www.trinityhomehealth.com](http://www.trinityhomehealth.com)

**Hiland Cottage & Hospice of Little Traverse Bay**  
One Hiland Drive  
Petoskey  
231-487-4825  
[www.hospicelb.org](http://www.hospicelb.org)

**Hospice of Michigan**  
1723 W. M-32, Ste. B  
Gaylord  
888-247-5701  
[www.hom.org](http://www.hom.org)

**Vital Care Hospice House**  
761 Lafayette  
Cheboygan  
800-342-7711  
[www.vitalcare.org/hospice-house](http://www.vitalcare.org/hospice-house)

**HOSPITAL**

**Mercy Hospital**  
1100 Michigan Ave.  
Grayling  
989-348-5461  
[www.mercygrayling.com](http://www.mercygrayling.com)

**Northern Michigan Hospital**  
416 Connable Avenue  
Petoskey  
800-248-6777  
[www.northernhealth.org](http://www.northernhealth.org)

**Charlevoix Area Hospital**  
14700 Lake Shore Dr  
Charlevoix  
231-547-8630  
[www.cah.org](http://www.cah.org)

**MEDICAL MARIJUANA**

**Bay Medical Collective**  
1261 West Main  
Gaylord  
989-732-6337

**Alternative Solutions Plus**  
1807 N US 31 Hwy  
Petoskey  
989-525-5700  
[www.alternativesolutionsplus.com](http://www.alternativesolutionsplus.com)

**MONUMENTS**

**Anger Monuments**  
7535 US 131  
Mancelona  
231-587-8433

**NUTRITION & SUPPLEMENTS**

**General Nutrition Centers**  
1417 W. Main St.,  
Pineridge Square  
Gaylord, MI 49735-1755  
989-731-6363

**IHT Wellness Shop**  
416 W. Main  
Gaylord  
989-448-4717  
[www.ihtwellnessshopgaylord.com](http://www.ihtwellnessshopgaylord.com)

**Jojo's Market**  
1459 S. Otsego  
Gaylord  
989-705-8500

**Four Star Nutrition**  
604 W. Main  
Gaylord  
989-448-8618  
[www.fourstarnutrition.net](http://www.fourstarnutrition.net)

**ORTHOPEDIC**

**OMH - N'Orthopedics**  
2147 Professional Dr.  
Gaylord  
989-732-1753

**PHARMACY**

**Modern Pharmacy**  
127 N. Main St., Cheboygan  
231-627-9949  
[www.modernrxcheboygan.com](http://www.modernrxcheboygan.com)

**PHYSICAL THERAPY**

**Dynamic Physical Therapy**  
2147 Professional Dr., Suite 2  
Gaylord • 989-732-0001  
[www.dynamicptmichigan.com](http://www.dynamicptmichigan.com)

**Dynamic Physical Therapy**  
1107 E. Michigan Ave  
Grayling • 989-348-3027  
[www.dynamicptmichigan.com](http://www.dynamicptmichigan.com)

**ADOPTION SERVICES**

**Heaven Sent Adoption Services, Inc**  
1100 S. Bridge Street  
Charlevoix, MI 49720  
231-237-9880 Office  
877-583-0990 Expectant parents line  
[www.HeavenSentAdopt.com](http://www.HeavenSentAdopt.com)

**ASSISTED LIVING**

**Sunnybank**  
615 Petoskey Ave.  
Charlevoix  
231-547-2599  
[www.sunnybankassistedliving.com](http://www.sunnybankassistedliving.com)

**Sunnybank**  
2000 E. Mitchell  
Petoskey  
231-348-2600  
[www.sunnybankassistedliving.com](http://www.sunnybankassistedliving.com)

**BEAUTY SALON**

**Chello's Salon & Day Spa**  
126 Main St.  
East Jordan  
231-536-7764

**Wink Salon**  
829 West Main  
Gaylord  
989-731-4300

**A Touch of Class**  
105 N. Center  
Gaylord  
989-732-2654

**BUILDERS**

**Aging in Place of No. Michigan**  
10595 Skyline Dr.  
Ellsworth  
231-313-1327

**CHIROPRACTOR**

**Saks Wellness Center**  
1447 S. Otsego  
Gaylord  
989-732-7000  
[www.sakswellnesscenter.com](http://www.sakswellnesscenter.com)

**COUNSELING**

**Cygnat Counseling**  
Downtown  
Gaylord  
989-731-1018  
[www.cygnatfamilycounseling.com](http://www.cygnatfamilycounseling.com)

**EYE CARE**

**Gaylord Eye Care Center**  
829 W. Main  
Gaylord  
989-732-6261

**FITNESS FACILITY**

**Otsego County Sportsplex**  
1250 Gornick Ave.  
Gaylord  
989-731-3546  
[www.ocsportsplex.com](http://www.ocsportsplex.com)

**Otsego County Community Center**  
315 S. Center  
Gaylord  
989-732-6521  
[www.otsegoocountyparksrec.com](http://www.otsegoocountyparksrec.com)

**Saks Wellness Center**  
1447 S. Otsego  
Gaylord  
989-732-5200  
[www.sakswellnesscenter.com](http://www.sakswellnesscenter.com)

**Powerhouse Gym**  
1044 W. main  
Gaylord  
989-732-0744  
[www.gaylordsgym.com](http://www.gaylordsgym.com)

**FUNERAL HOME**

**Nelson Funeral Home**  
135 N. Center  
Gaylord  
989-732-1770  
[www.nelsonsfuneralhome.com](http://www.nelsonsfuneralhome.com)

**HEALTH INSURANCE**

**Humana**  
800-649-0059

**HEART SPECIALIST**

**Michigan Heart & Vascular**  
14705 W. Upright Street  
Charlevoix  
888-326-2490  
[www.michiganhvs.com](http://www.michiganhvs.com)

**Michigan Heart & Vascular**  
Cheboygan Memorial Health Center  
740 S. Main, Suite 3B  
Cheboygan  
888-326-2490  
[www.michiganhvs.com](http://www.michiganhvs.com)

**Michigan Heart & Vascular**  
Burns Professional Building  
560 W. Mitchell Street  
Suite 400  
Petoskey  
888-326-2490  
[www.michiganhvs.com](http://www.michiganhvs.com)

**Michigan Heart & Vascular**  
944 N. Center Avenue  
Gaylord  
989-731-5781  
[www.michiganhvs.com](http://www.michiganhvs.com)

**HOLISTIC HEALTH**

**IHT Wellness Shop**  
416 W. Main  
Gaylord  
989-448-4717  
[www.ihtwellnessshopgaylord.com](http://www.ihtwellnessshopgaylord.com)

**The Naturalist**  
1029 Gornick Ave.,  
Gaylord  
989-705-1451

**Natural Healing Center**  
112 N. Otsego Ave.  
Gaylord MI 49735  
989.732.1205

**HOME HEALTH CARE**

**Harbor Care Associates**  
3890 Charlevoix Ave., Suite 345  
Petoskey  
231-439-9222  
[www.harborcareassociates.com](http://www.harborcareassociates.com)

**PHYSICAL THERAPY**

**Jordan Valley Rehabilitation Center**  
100 Main St # 9, East Jordan  
231-536-1451

**Boyne Rehabilitation Center**  
197 State St, Boyne City  
231-582-6365

**SENIOR ASSISTANCE**

**Otsego County Commission on Aging**  
120 Grandview Blvd.  
Gaylord  
989-732-1122  
[www.otsegocountycoa.org](http://www.otsegocountycoa.org)

**Crawford County Commission on Aging**  
308 Lawndale St.  
Grayling  
989-348-8342  
[www.crawfordcoa.org](http://www.crawfordcoa.org)

**Seniors Helping Seniors**  
221 E. Felshaw St.  
Gaylord  
989-448-8323  
[www.seniorshelpingseniors.com/northernmichigan](http://www.seniorshelpingseniors.com/northernmichigan)

**SENIOR LIVING**

**Lynn Street Manor**  
4255 S. Lyon  
Onaway  
989-348-2661  
[www.lynnstreetmanor.com](http://www.lynnstreetmanor.com)

**SPA**

**Chello's Salon & Day Spa**  
126 Main St.  
East Jordan  
231-536-7764

## To add your business listing

contact your sales rep  
or E-Mail us at  
[Office@WeeklyChoice.com](mailto:Office@WeeklyChoice.com)



# Health&Wellness

Online at [www.charlevoixcountynews.com](http://www.charlevoixcountynews.com)

## Residents urged to get flu vaccine for entire family

Michigan 45th nationwide for flu vaccination coverage of children 4 and under

No matter how healthy someone may be, everyone has a chance of getting a severe case of the flu, young children and adults alike. Last year, 20,000 children with the flu were hospitalized; 115 children in the U.S. died from influenza-associated illness, including six from Michigan.

"It's tragic that so many children died from a virus that has a safe and effective vaccine," said Joshua Meyerson, MD, Medical Director for the Health Department of Northwest Michigan. "Many of these deaths could have been prevented through vaccination. We say, 'Everyone. Every year' because everyone age six months old and up should get an annual seasonal flu vaccine."

Infants younger than 6 months are too young to be vaccinated. Meyerson says to protect them from the dangers of influenza by making sure parents, siblings, grandparents, babysitters, and anyone in close contact with infants are fully vaccinated. It's also important for pregnant women to get vaccinated against the flu, as the vaccine protects both the mother and unborn baby.

The good news is that there are a number of places where children—and adults—can get the flu vaccine. The Health Department of Northwest Michigan is launching a series of Community Immunization Clinics next week, in partnership with several school districts. In addition to seasonal flu shots and nasal flu mist, many other immunizations will be available. To schedule an appointment at any of the Community



IMAGE: SURA NUALPRADID / FREEDIGITALPHOTOS.NET

Immunization Clinics scheduled in Antrim, Charlevoix, Emmet, or Otsego counties, call the Health Department of Northwest Michigan at 800-432-4121 during regular business hours.

- October 25, 5 PM to 7 PM at East Jordan Middle School
- October 26, 4 PM to 6 PM at Harbor Springs Middle School
- October 27, 4 PM to 6 PM at Central Lake Middle/High School
- November 1, 3 PM to 6 PM at Cherryland Middle School in Elk Rapids
- November 1, 4 PM to 6 PM at Pellston Middle School
- November 3, 3 PM to 5:30 PM at St. Mary's Cathedral School in Gaylord
- November 8, 5 PM to 7 PM at Petoskey Middle School
- November 10, 4 PM to 7 PM at Gaylord Intermediate School

The charge for flu vaccine at Health Department clinics is \$25; charges for additional vaccines vary. "We can bill Medicare, Medicaid, and several private health insurance companies for immunizations," said Pat Fralick, the Health Department's Director of Family & Community Health. Fralick said the Health Department does not turn away anyone age 18 or younger for inability to pay for immunizations required for school. She noted anyone under age 18 must have their parent or guardian accompany them for immunizations.

Fralick highly recommends making appointments at the Community Immunization Clinics. "We do quite a lot of preparation to make sure people can get in and out as quickly as possible," she said. "When we know how many are coming, we can bring

plenty of vaccine and have adequate nursing staff. We can also identify any other vaccines individuals may need by checking Michigan Care Improvement Registry in advance and give them at that same appointment."

"Not only is it important for our patients to get vaccinated, but it's also critical that physicians and other health care providers get vaccinated," said Meyerson. "Annual immunization of health care professionals protects employees, their families, and their patients, and it may reduce influenza-related deaths among persons at high risk for complications from influenza."

"Getting a flu vaccine is easy, and it is the first and most important step you can take in protecting yourself and your loved ones from getting the flu," said Meyerson. "While flu seasons are unpredictable, flu vaccination is the single best way to protect against influenza, especially for those under 5 years of age."

The Health Department of Northwest Michigan is mandated by the Michigan Public Health Code to promote wellness, prevent disease, provide quality healthcare, address health problems of vulnerable populations, and protect the environment for the residents and visitors of Antrim, Charlevoix, Emmet, and Otsego counties.

For more information about flu vaccine, visit [www.cdc.gov/flu](http://www.cdc.gov/flu). To schedule an appointment at a Community Immunization Clinic, call the Health Department at 800-432-4121 during regular business hours.

## FROM PAGE 11 Allergies

own immune system will attack the cancer and kill it off long before it ever gets out of control. When someone with allergies comes in contact with allergenic pollen and their immune system is kicked into gear, the immune system is not just fighting the allergens, it is also attacking any cancer cells they may have, realized or not. Thus, an occasional over-active immune system is actually a blessing, even if it may not feel like it at the time.

Now, consider the allergy drugs, and the effect they have: these drugs are designed to shut down this same protective immune system. I would advise anyone fighting cancer of any kind, to avoid taking any kind of allergy medicine. Furthermore, I would advise any one taking allergy medicine on a regular basis, to try and find a way to stop their dependence on these drugs. From my research I am increasingly led to believe that antihistamines can open the body up more to attack from cancer cells.

So, what is a person with severe pollen allergies to do? For starters, if you are taking Allegra, Claritin or similar drugs on a daily basis during pollen season, I would advise that you skip several days each week to let your immune system do its work. I would also advise that, if possible, you see an allergist and get the allergy shots.

I would strongly advise going to the closest farmers market and buying some local raw honey, and then to use it daily, in small amounts. \*\* Please note, that those individuals with the most severe allergies can get an allergic response (including anaphylaxis) from the local honey itself. Because of this I advise people to start out with very small amounts of the local honey perhaps as little as a quarter of a teaspoon a day or less. If this triggers an allergic response, such as itching in the back of the throat, then you will need to take an even smaller initial dose. Over time the amount of local honey taken daily can, and should be, increased but it makes sense to be cautious in the beginning, and to carefully monitor your own progress.

Lastly, and perhaps this should be first, and not last, you should allergy-free your own yards, and try and get your neighbors to do the same. Likewise, people should demand that their own cities pay attention to the allergy potential of the street trees they plant. It makes no sense at all for a city to plant trees that will cause allergies (often male clones) when they could instead plant trees that are every bit as beautiful, but that do not produce allergenic pollen.

As always, another caution is in order: local honey should not be given to babies under the age of one.



Feel good. Look good.  
Live good.

### Free Vein Screening.

Dr. Lame, of Charlevoix Surgeon's, will be conducting free vein screening clinics each month.

Charlevoix Surgeons Office on Charlevoix Area Hospital's Campus

Learn about risk factors, prevention, spider and varicose veins, and treatment options—including the VNUS Closure procedure.

If you are interested in attending a session or for more information, please call Monica at Charlevoix Surgeon's office.

231-547-2812.

Hosted by:  
Marc Lame, MD



**Charlevoix Surgeons**  
An affiliate of Charlevoix Area Hospital

14695 Park Avenue  
Charlevoix, MI 49720

# Save a lot

food stores

**Great Food • Great Prices • Great People**

Visit [www.save-a-lot.com](http://www.save-a-lot.com) for money saving coupons.

OPEN MONDAY-SATURDAY 8AM - 9PM, SUNDAY 8AM - 8PM

**530 MAPLE STREET  
EAST JORDAN, MI**

# FREE\*

## Gallon of MILK

**HOMOGENIZED,  
2%, 1/2% OR SKIM**

\* WITH COUPON. EAST JORDAN LOCATION. WHITE MILK ONLY. LIMIT 1 COUPON PER PERSON. EXPIRES 10/26/11